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A WARM WELCOME TO OUR SPONSORS - PIONEER FOOD SERVICE

ANSWER THE FANS

Unfortunately, the calling notice for this Matchday Magazine feature received an extremely poor response, with only two people sending us any questions.

It's one that we think would become popular, if we could just get it off the ground, but we really do need your input to make it work. To that end I'm giving it another go so that, hopefully, we can regularly give you the opportunity to ask the questions that you want to see answered.

Called 'Answer the Fans' the section will be handed over to you, and any queries or comments that you have to make. All you have to do is send your question in, and we'll get the relevant member of staff / player / member of the management team to answer, and we'll publish what they say in a dedicated section of the Matchday Magazine. Send your questions / comments / queries to Answer the Fans, Matchday Magazine, Brunton Park, Carlisle, CA1 1LL, or email it to the usual media email address. Hopefully, if there is enough response to this article notice, we'll get it up and running as soon as we possibly. As we said last time ... it's now over to YOU!

If you have any comments to make on the Matchday Magazine in the mean time then please email media@carlisleunited.co.uk and for up to date news and reaction visit www.carlisleunited.co.uk

POLICY ON THE THROWING OF OBJECTS FROM THE CROWD

Due to a number of high profile incidents that have occurred at matches in recent months, where players and a match official have been struck by coins thrown from the crowd, Carlisle United would like to remind supporters that the throwing of any object within the stadium is a criminal offence and strong action will be taken against anyone committing such an offence. We encourage supporters to report any misconduct they might witness to the club.

CUFC RACISM POLICY

Carlisle United Football Club wishes to stress that it will not tolerate any form of racist behaviour whatsoever. Anyone using racist behaviour will be ejected from the Stadium and reported to the relevant authorities. If you hear or see racist behaviour at Brunton Park please report it to the nearest Steward and help us to Kick Racism out of Football.

EMERGENCY PROCEDURE

In the event of an emergency occurring at the Stadium the Public Address system will be used to broadcast information and instructions to the spectators. Such broadcasts will be preceded by a three-tone chime. When the chimes are heard please be silent, pay attention to what is said and obey any instructions. An example of this alert will be carried out just before kick off and at half time and it will be clearly stated that the announcement is for instructive purposes only.

If you would like to sponsor a page in this season's Matchday Magazine then give Jenny a call on 01228 554 155 for more details.

It costs just £25 for the whole season, and is a great way to get your name, or a personal message, in to the Magazine, and is a unique way for you to show your support for the club.

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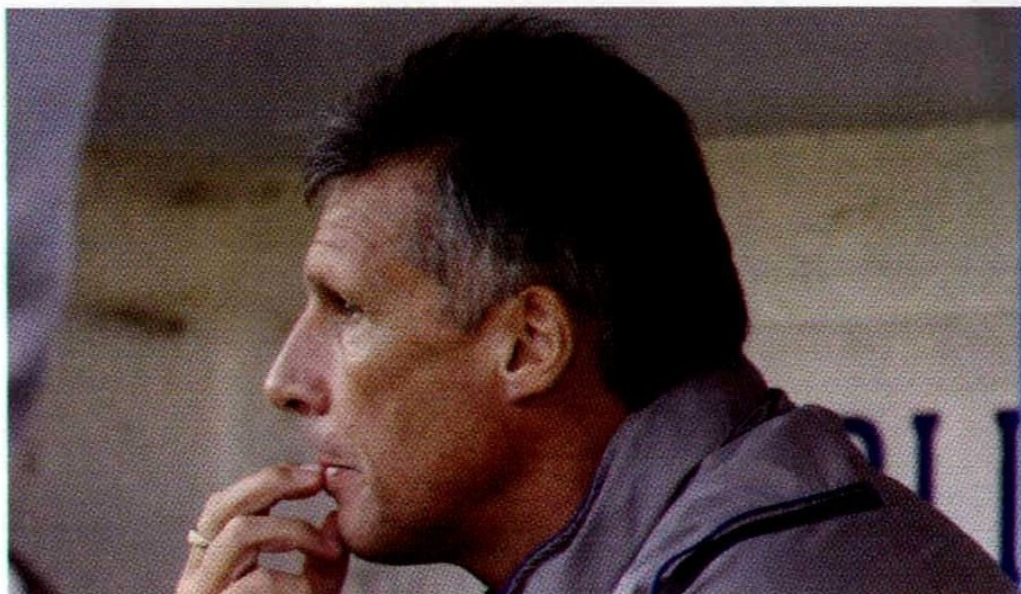


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RESERVE TEAM FOOTBALL GIVES US THE CHANCE TO SEE IF THE CHARACTER OF THE PLAYER FITS THE ABILITY LEVEL WE THINK EXISTS, AND THEIR ATTITUDE AND DESIRE IS ALSO TESTED TO THE FULL



A warm welcome to the Swindon Town players, management and, of course, the supporters who have made the long journey from Wiltshire for our game tonight.

At the time of writing our visitors were in a certain state of uncertainty regarding their immediate future as Paul Sturrock and some staff have returned to Plymouth Argyle, and the whole club are in the midst of a takeover period.

No doubt the players will be pleased to get on to the pitch and get on with their jobs, putting the speculation behind them to provide us with a real test at Brunton Park. After an excellent promotion season the players have adapted very well to life in League One and will no doubt put up a good show tonight, to impress any incoming manager or new owner.

Back home to our own club and I was delighted to see our Youth team progress in the FA Youth Cup after beating Mansfield Town 4 - 1, away from home, a week ago.

Eric Kinder has assembled an attractive blend of footballers who are putting an excellent run of results together as their season develops. An exciting tie against Sheffield Wednesday here at Carlisle awaits, and Eric is still trying to organise the dates to play the game. Against Academy teams we will have to be at our best, as they all enjoy excellent funding facilities and it provides a great opportunity for those clubs to develop their talent.

However, it is often more difficult at the bigger clubs to progress as individuals as

there are often a larger number of current professionals halting that progress. Here at Carlisle United we can offer early opportunity at Reserve team level and then a closer and quicker connection with first team football.

The path ahead is more straightforward and we can push, nudge or indeed propel young players in to the real environment of winning football opposed to gentle development at fixed age games. Reserve team football gives us the chance to see if the character of the player fits the ability level we think exists, and their attitude and desire is also tested to the full. I have enjoyed their football to date, and I am eager to see how our lads come up against the likes of Sheffield Wednesday.

Our month of November has been a very difficult period of League One fixtures with away games at Luton Town and Brighton, and all of this following Southend United away at the end of October, and only one home match against the then unbeaten Leeds United.

I hope you are all satisfied with our present position in the top six as we enter a further difficult period in December and the early New Year.

We have to pull together to retain that position as we go in to 2008. Your support has been excellent in those away places and a full house for Leeds just shows the interest in our club. Together we can progress further and together we will try to do that tonight.

Thank you and enjoy,

John

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A word with the Chairman



I HAVE WRITTEN BEFORE ON THIS SUBJECT AND FEEL OVERSEAS PLAYERS SHOULD BE RESTRICTED TO A NUMBER PER TEAM OR SHORTLY HOME GROWN PLAYERS WILL ALL BE IN THE CHAMPIONSHIP



would like to start these notes by referring to two people.

The first is Roy Allen who passed away recently and who was a loyal Carlisle United supporter and sponsor of the club. Roy was a centre stand season ticket holder and attended games with his friend Bill Jackson. At half time we always exchanged opinions on the game so far. I'm sure I speak for all supporters who knew Roy as we pass on our thoughts to his wife and family during what is always a difficult time.

The second person is David Allen who was recently appointed to the board of directors. David joined the club with Fred Story and has given us financial advice during this time. I am sure David will be a very valuable member of the board and will enjoy his time with us in this interesting but difficult industry.

Back to football and all the news seems to be centred on managers coming and going and, in particular, the England manager. I was asked questions by Sky Sports news in a recent survey on the England manager since his dismissal and gave my opinions. Asked about his sacking, I replied that I thought he should never have been given the job in the first place. I was asked were the recent takeovers of many premier league clubs by foreigners and the lack of home grown players in that league the reason for poor England performances. With regards to the changes of ownership of premier league clubs having an effect, I thought it too early to form hard opinions but I feel that American or Russian owners and the likes will be looking at the investment they have made and I am sure the development of the England team will be the last thing they think about.

The next question asked was the large number of foreign players in the premier league (which is now over 60%) having an effect. I have written before on this subject and feel overseas players should be restricted to a number per team or shortly home grown players will all be in the Championship. Then we will need a Championship manager for England who can pick a team from these players. The Scottish team and indeed the England Cricket team suffered from a similar lack of control on foreign players.

I was asked about a new manager and, whilst I don't know many of the candidates in person, I hope he will be English, after all one of our coaches must be good enough for the job. In my opinion I think Alan Curbishley could be a candidate or Harry Redknapp who would at least be entertaining. I think selection of managers whilst being the most important decision you have to make can be personal preference, but let's hope an Englishman gets the opportunity.

Tonight we entertain Swindon Town who, at the time of writing, could be managerless as Paul Sturrock moves to Plymouth. I wish the directors, players and supporters a warm welcome to Brunton Park.

Before closing I know supporters will, like ourselves, be disappointed at the lack of success in the two cup competitions, but this happens in football. The good thing is we are still showing good form in the league with three wins and two draws out of the last five games. Let's hope the run goes on tonight.

Enjoy the game,

Andrew Jenkins



Boardroom confidential

John Nixon provides exclusive access to the inside info



In this Boardroom Confidential, John Nixon talks about another transfer target:

The player I will discuss now became available to us at the end of June. You can tell by the volume of notes that I have that it was a long, drawn out affair.

It started when an agent called us to say that his player was available, and Neil McDonald confirmed that it was a lad that he really wanted.

He was leaving a Northern team (not in League One) because they weren't renewing his contract. At that time he was looking for a minimum package of somewhere around £100k to £125k, plus a two-year deal as a minimum. On top of that he wanted appearance money, goal and Play Off bonus payments, and a wage increase if we went up to the Championship. He also required us to cover his insurance premiums. That was quite a list of demands!

We started to put together a deal that we were comfortable with, so that we could talk with him some more. He was a forward, he had a bit of form and good history, and he seemed to be keen to join us. The agent had said that he was very positive about it, but that he was also looking at other clubs in the North of England just in case.

We did our sums, presented a figure that we were happy with and, if we're honest, I think the player himself was looking for more at that point. By then, we heard that he was actively talking to another club, so we were in competition for him. The down side of that was that he knew their manager and quite a bit about them, whereas he had never met Neil and he knew very little about Carlisle. Mind you, it was still a very positive situation, and we were very much in the reckoning. Wages wise he had been working at a very good level of around £250,000 a year, in terms of income, so that was a real factor in all of our dealings.

His contract didn't actually run out until the end of July, but he agreed that if he came

to us he would come at the beginning of July and work with us, with a view to us taking over his contract at the start of August. We invited him up here, and Neil was very keen to talk to him and to show him around the set up.

The agent was constantly getting back to me, trying to get the best deal he could, and it all seemed to be progressing at a decent pace ... when all of a sudden a second agent became involved. This took us by surprise, because we had been dealing with one on the player's behalf for a few weeks, and it really set us back.

We discussed it with the player, and it transpired that he had been trying to break free from the London based firm that had suddenly thrown their hat in the ring on his behalf, and he had wanted to progress with the agent that we had been dealing with. Unfortunately he was still contracted to the London firm. What had happened, I believe, is that the player was presenting us with his preferred agent but was, or so it appeared, still contracted to the other one, and they were determined to take the deal on, on his behalf.

On his second visit to see us he came up with one of the London based agents. Talks went very well, and we reached some encouraging agreements all round. With it all looking really positive we then received a call from the Boss of the London firm, and he told us that he was unhappy because he didn't feel that the deal was adequate.

It was all becoming very complicated, because the agent who spoke to us face to face was happy, the player had compromised in some areas and he was happy to sign, and then the senior partner of the firm threw his spanner in to the works. Despite trying to move things onwards from where they were, we found that he did not want to shift at all on the figures that he was talking about and we cut off the negotiations. As far as we were concerned, that was that.

Join us in the next Boardroom Confidential where more will be revealed ...

IT WAS ALL BECOMING VERY COMPLICATED, BECAUSE THE AGENT WHO SPOKE TO US FACE TO FACE WAS HAPPY, THE PLAYER HAD COMPROMISED IN SOME AREAS AND HE WAS HAPPY TO SIGN, AND THEN THE SENIOR PARTNER OF THE FIRM THREW HIS SPANNER IN TO THE WORKS





a number of fans lined up to be interviewed, including a travelling father and son duo - one a United supporter and the other a Forest fan!

Due to a very tight schedule we will now have to wait until the Brighton game in March to get our turn with the interactive van. Exactly as it was supposed to be for this visit - if you feel that you would like to have your say, or sit down for an interview with the Fan Van team, then just let me know and I'll make sure that they have your details and can fit you in on the day. I will, of course, remind everyone nearer the time.

Registration requirement to read Match Reports

I mentioned this in one of my previous articles but, I'm sorry to say, it hasn't quite gone away.

Football League interactive are keen to make the Match Report section of the Official Site an area that readers would have to log in to before accessing the information. Each Match Report that appears gets a massive volume of hits within 12 hours of it going live (scary thought that) so, as you can see, it makes it ripe for a campaign such as this. As I have already stated, both in this column and to the Football League themselves, I am dead against the whole idea of it.

The compromise we have been given is a section of the site called the **E-Squad**. It is a registration section, and by signing up to it we hope to give you access to things like exclusive competitions, regular newsletters, exclusive interviews and a chatroom (still to be confirmed) where exiles can meet up and natter in real time - imagine how useful that would be when there is a game going on.

We'll be launching the E-Squad at some point in the very near future. Please, if you are a regular visitor to the Official Site, then we urge you to sign up. Registration to the E-Squad will keep the remainder of the site open to all, something that we have battled to see introduced anyway. Now that we have it, it would be terrible to lose it again. If the E-Squad sign up rate is low, then we may find that FLI take big chunks away from us, and that's the last thing we want.

at all. I did, however, receive a couple of complaints on the morning after the Grimsby Town replay.

I must admit, the complaints have thrown me off a little bit, because I can't quite understand what they are getting at. In a nutshell, the main gripe was that the commentary cut away from Blundell Park shortly after the full time whistle was blown and went down to the Fitness First Stadium, Bournemouth, where commentary was being fed through from the Barrow game.

Initially I assumed that we had messed up the feed and that our subscribers had found themselves listening to Barrow instead of Carlisle. This turned out not to be the case. Then I assumed that PTV had cut the feed, thinking that our game was over and done with, and that our subscribers had missed John Ward giving his post-match reaction. Again, this turned out not to be the case.

A quick chat with PTV has confirmed that their operator on the night had listened in to the feed, realised that the manager interview had not been broadcast yet, and had decided to leave the line open until the sports broadcast was terminated from the Radio Cumbria end. This means that our subscribers received a broadcast until approximately 11pm that night. The PTV operator also confirmed that this included a full interview with John Ward.

I have asked the people (x2) who complained to explain further but I have received nothing back, as yet. I would like to get to the bottom of the problem, to prevent whatever it was that happened from happening again but, in order to do that, I need more information.

Can you help? Were you listening to United World that night and can you shed any light on what the problem was? If you can, I'd really appreciate it, so that we can maybe get some understanding as to what went on.

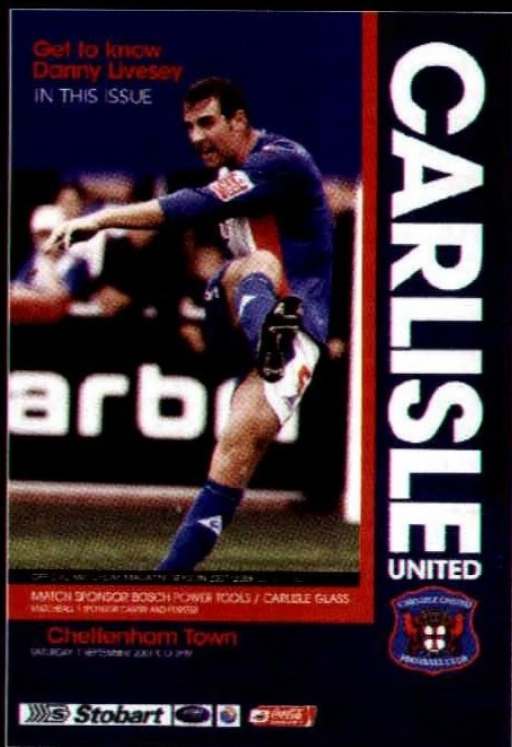
If you have any further media questions, send them in to media@carlisleunited.co.uk or have a natter with us on a Match day, and we'll do our best to answer them for you.

Andy Hall



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Meet the robins



StarMan



BILLY PAYNTER

Striker

Striker Billy Paynter signed for Swindon Town on Friday 31st August for an undisclosed fee from Southend United. The 23-year old striker was restricted to just five league starts at Roots Hall after signing a three-year contract with the Blues from then Championship rivals Hull City in August 2006. He also spent a successful loan spell at Bradford City last term where he scored four goals in fifteen league starts - including a stunning strike against Bristol City. Paynter began his career at Port Vale where he scored 30 goals in 119 league starts for the club. He initially moved on loan to Hull in November 2005 before signing permanently for an undisclosed six-figure fee less than two months later. He has an impressive goalscoring record in League One and hit 14 goals during the 2003/04 campaign and followed that up with 13 goals the following campaign. The 6'0" striker has scored 37 league goals in 150 league starts and adds much-needed firepower to the Swindon attack.



Ground name - County Ground
Ground capacity - 15728
Nickname - Robins
Year formed - 1881



CLUB RECORDS

ATTENDANCE	32000: VS ARSENAL 15/01/1972 FA CUP R3
GATE RECEIPTS	149371: VS BOLTON WANDERERS 12/02/1995 LEAGUE CUP SF
BEST LEAGUE WIN	9 - 1: VS LUTON TOWN 28/08/1920 DIVISION 3S
WORST LEAGUE LOSS	1 - 10: VS MANCHESTER CITY 25/01/1930 FA CUP R4
BEST CUP WIN	10 - 1: VS FARNHAM UTD BREWERIES 28/11/1925 FA CUP R1
MOST CAPPED PLAYER	ROD THOMAS: 30 WALES
LEAGUE APPEARANCES	JOHN TROLLOPE: 770 1960/80
LEAGUE GOALS	HARRY MORRIS: 216 1926/33
GOALS IN A SEASON	HARRY MORRIS: 47 1926/27 DIVISION 3S
TRANSFER FEE RECEIVED	£1,500,000: KEVIN HORLOCK MANCHESTER CITY JANUARY 1997
TRANSFER FEE PAID	£800,000: JOEY BEAUCHAMP WEST HAM UNITED AUGUST 1994

LEAGUE HONOURS

LEVEL 3 (LEAGUE ONE, LEAGUE DIVISION TWO, THIRD DIVISION, THIRD DIVISION)	CHAMPIONS 1995/1996 RUNNERS-UP 1962/1963, 1968/1969
LEVEL 4 (LEAGUE TWO, LEAGUE DIVISION THREE, FOURTH DIVISION)	CHAMPIONS 1985/1986

Head to head

	CARLISLE UNITED WINS	DRAWS	SWINDON TOWN WINS
League	6	13	7
FA Cup	1	1	2
Total	7	14	9

2006/2007

English FA Cup Swindon Town 3-1 Carlisle United 11-11-2006

1995/1996

Football League One Swindon Town 2-1 Carlisle United 03-02-1996

Football League One Carlisle United 0-1 Swindon Town 26-08-1995

1986/1987

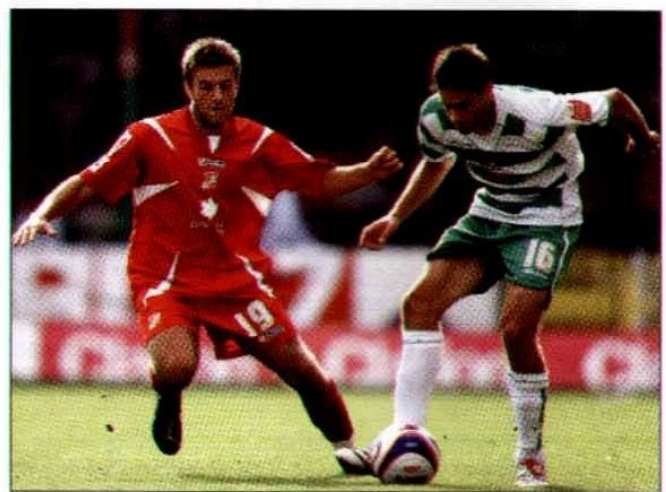
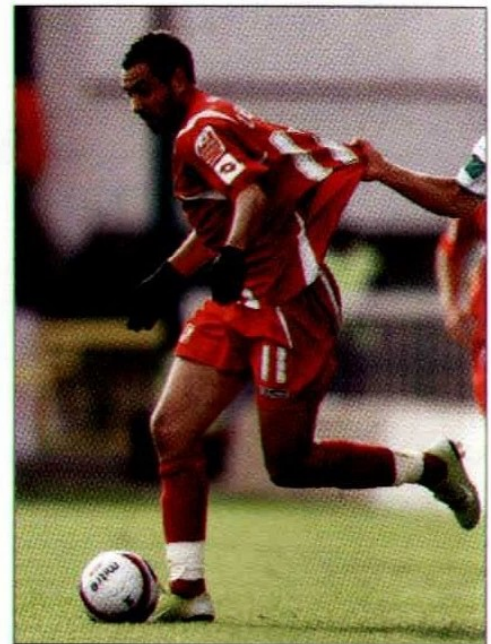
English Division 3 (old) Carlisle United 0-3 Swindon Town 02-05-1987

English Division 3 (old) Swindon Town 2-0 Carlisle United 29-11-1986

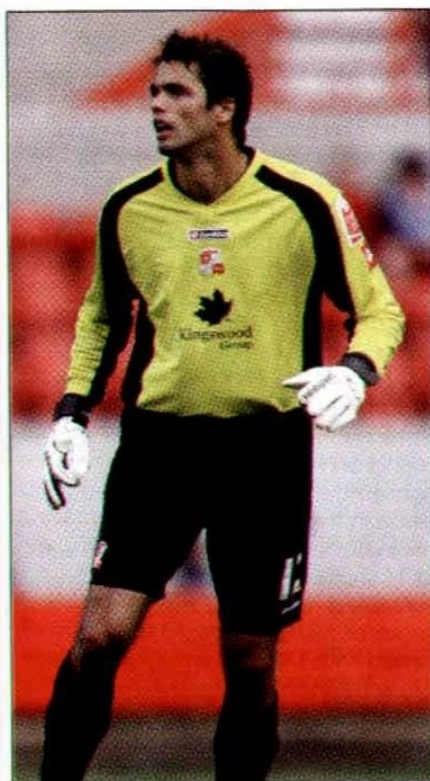


Meet the Manager

At time of going to press, Paul Sturrock had left for Plymouth Argyle, so here are some pics of the Robins in action ...



The robinssquad



PETER BREZOVAN

A giant in goal at 6'7, Brezovan signed on a year's loan from Czech club FC Brno in the summer of 2006. Brezovan became a fans favourite after performing heroics on his competitive debut against Hartlepool United on the opening debut, saving two penalties from Porter and Humphreys to earn Town all three points. Unfortunately he sustained in the October home encounter with Grimsby Town and missed the remainder of the promotion season. Signed a two-year permanent deal to stay at SN1, having put pen to paper on his new contract in March 2007 and made a first team comeback in October at Port Vale.

PHIL SMITH

Phil Smith joined Swindon in late July 2006 from Crawley Town. Smith had made 74 starts for Crawley Town during a two-year stay, which followed a year's spell at Margate where he made 35 starts. Smith was a revelation in between the sticks, which included saving a penalty at MK Dons on New Year's Day and being named the PFA Fans' Player of

the Month for December 2006. Started the 2007/08 campaign in good form although was sidelined with a groin injury in late October.

JACK SMITH

Signed from Watford in the summer of 2005. Due to the departure of Paul Robinson to West Bromwich Albion he was thrust into the first-team spotlight at Watford and coped admirably, registering two goals - the first of which a 'Goal of the Season' contender at Sheffield United in front of the Sky Sports cameras. He made 38 league starts for Town last season in a variety of positions including right back, left back and midfield.

JAMIE VINCENT

Jamie Vincent arrived at The County Ground in the summer of 2006 hoping to make the left-back slot his own, and by the end of the campaign he had done far more than just that. Made Captain following the injury to Ady Williams in February. Vincent also performed at centre-back and was a rock at the back throughout the campaign. Vincent began his football career as a trainee at Crystal Palace before making the switch to AFC Bournemouth, where he made over 100 appearances between 1996 and 1999. He then made a £500,000 switch to Huddersfield Town which was followed by an £800,000 deal which saw him move to Portsmouth in 2001. Spells at Derby County and Millwall then followed.

MIGUEL COMMINGES

Signed in July 2007, Comminges first came to the attention of the Town Boss during a scouting mission to France towards the end of last season. Born in Guadeloupe, France, the defender has previous experience with Amiens SC and then signed for Reims in 2003 and made a total of 74 appearances for the Second Division side. He has also represented the Guadeloupe national football team.

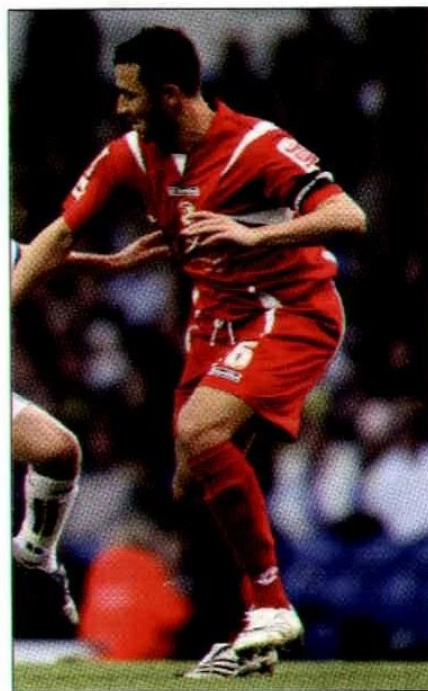
HASNEY ALJOFREE

Experienced centreback who arrives at The County Ground with plenty of

Coca-Cola Championship experience. Previous clubs include Bolton Wanderers, Dundee United and Plymouth Argyle, from where he signed for Swindon on a three-year deal in the summer of 2007. Began the season alongside Jerel Ifil and was made on-field Captain by Manager Paul Sturrock.

CHRIS BLACKBURN

24-year old became the fourth central defender in Town's squad, with Hasney Aljofree, Jerel Ifil and Ady Williams also competing for the central berths. Chester-born Blackburn joined Morecambe in February 2004 on a short-term deal and eventually signed a new two-year contract to stay at Christie Park. After joining The Shrimps as a midfielder, he was then converted to a defender after an injury crisis. During the 2005-6 campaign Blackburn's impressive performances caught the eye of the England National Game selectors and he was soon included in the England National Game line-up. Blackburn has also had spells with Northwich Victoria and following his return from holiday in India, has put pen to paper on a two-year deal with The Robins.



The robinssquad

SOFIENE ZAABOUB

Versatile left-sided player at home in defence or midfield, Zaaboub was new manager Paul Sturrock's first signing as Town boss. Having joined initially on a short-term contract, he has since signed a new deal to keep him at Swindon for another 18 months. He made his debut as a substitute against Carlisle United in the FA Cup and was a trialist at Sturrock's former club Sheffield Wednesday. Previous clubs include FC Brussels, Modena and St. Etienne.

JEREL IFIL

Powerful defender Jerel Ifil joined Town in the summer of 2004 after enjoying three loan spells with Town previously from 2002-04. Jerel became a fan's favourite during his brief stays in Wiltshire and signed on a permanent basis in June 2004, he has now exceeded 100 appearances for the club. In 2006-7 Ifil enjoyed his best season to date in a Town shirt, benefiting from the experienced Ady Williams alongside him at the heart of the defence and he scored the opener against Walsall on the last day of the season, helping Town secure promotion.

ADY WILLIAMS

Named on-field Captain by former manager Dennis Wise in July 2006, Ady Williams brought a wealth of league and international experience to the club. Signed from Coventry City, the former Welsh International boasts successful spells with Wolves and Reading on his CV - just the credentials that helped set Town on their way to League Two success. His leadership skills have been there for all to see during the first half of the campaign and his determined attitude has been at the forefront of Town's promotion challenge. A knee injury sustained against Hartlepool United in February developed into a serious setback, which saw the skipper undergo surgery which ruled him out of the remainder of the season. After a summer of rehabilitation, 'Willie' is now closing in on a return to match action.

BARRY CORR

After impressing during a three-

month loan spell last term, Barry Corr put pen to paper on a new two-year contract in June 2006, signing on a free transfer from Sheffield Wednesday. The Irishman made his debut for the Town reserves against Bristol City on the same day he put pen to paper on the initial loan deal and netted on what was his first appearance in a Swindon shirt. Corr joined The Owls in April 2005 from Yorkshire rivals Leeds United after an initial trial spell with the Elland Road club. With an industrious front man and with a 6'3 frame certainly offers a physical presence in the strike force. He has also gained youth honours for the Republic of Ireland during his time with Leeds and had a loan spell with Bristol City earlier in the 2006-7 season. He made a goalscoring debut, hitting the second goal at Lincoln City on Sunday 25th March to earn a valuable win.



LEE PEACOCK

Lee Peacock joined Swindon Town on 20th January 2006 on a free transfer from Sheffield Wednesday. The experienced frontman started his career at Carlisle United as a trainee, but after scoring 11 goals in 52 appearances he made the switch to Mansfield Town in October 1997 for £75,000. It proved to be a productive spell with The Stags with 29 goals in 80 appearances

attracting Manchester City who parted with £500,000 for his services. However, his time at Maine Road was not as successful as he would have liked due to injuries, but his next stop certainly was. A £600,000 move to Bristol City in August 2000 heralded the start of a successful four year spell at Ashton Gate. 54 goals in 131 league starts was the result of his stay with the Robins. Next up was Sheffield Wednesday, who he joined on a free transfer in the summer of 2004. Peacock wasted no time in settling in at Town, scoring on his debut against AFC Bournemouth after coming off the bench in the 4-2 home win. However, he finished the season with just 11 starts to his name after a knee injury ruled him out of the final games of the campaign. Having worked with Manager Paul Sturrock before at Sheffield Wednesday, 'Peacs' has now been moved into a central midfield role.

ANDY NICHOLAS

'Nicho' is now the club's longest serving player after joining from Liverpool in June 2003, where he came through the youth system but struggled to break into the first team. He was a regular in the Under 19's side at Anfield and won many plaudits with his performances at left back, which prompted Andy King to snap up the youngster. After working his way into the manager's starting line up with some hard work in training, he seized his chance to become a regular member of the side throughout the 2003/04 season and managed his first senior goal in a 4-2 win at Stockport in February. Was awarded a new one-year deal in the summer of 2007.

BLAIR STURROCK

Sturrock junior arrived at The County Ground in November 2006 to join up with Physio Dick Mackey for treatment following an injury which ruled him out of the latter stages of the 2005-6 campaign, when he was at Rochdale. The striker joined Dundee United as a trainee before spending time at Brechin on loan. Sturrock then had a three-year spell





on the south coast with Plymouth Argyle making most of his appearances as a substitute. In 2004, Sturrock moved to Kidderminster, then onto Rochdale 9 months later where he hit six goals in fifteen starts. The Scottish striker netted three goals in seven starts during the promotion run in and signed a new two-year deal in July 2007.

CRAIG EASTON

Craig Easton arrived at The County Ground in June 2007 and adds further experience to the central midfield area. The former Scotland Under 21 International joins up at The County Ground with over 300 league appearances under his belt. Easton, 28, started his career at Dundee United where he came up through the ranks to make 162 league starts before departing in the summer of 2004. He then spent a year at Livingston before joining Leyton Orient in July 2005. In all he made 65 league starts in two seasons for Martin Ling's O's.

KAID MOHAMED

Welsh striker with pace to burn, Kaid Mohamed made his first appearance for Swindon Town in the pre-season friendly with Bristol City on Tuesday 31st July. Having impressed the Town management during that display, Mohamed signed a one-year deal later in the same week. Described by Paul Sturrock as 'one for the future', Mohamed came off the bench on the opening day of the season at Northampton Town for his league debut. Signed from Carmarthen Town, Mohamed's last appearance for his former club was a memorable one as he hit two goals in the Welsh Cup Final against Afan Lido, a game which took place 24 hours after Town had secured promotion back into League One with a draw against Walsall.

STEVE ADAMS

Swindon Town signed midfielder Steve Adams prior to the start of the 2007/08 season after a successful trial spell. Adams, who is 27 in September joined The Pilgrims in

August 1998 having been a trainee at Home Park and went on to make 131 league starts for his hometown club before a switch to Sheffield Wednesday in March 2005. He spent two years at Hillsborough but injury restricted him to just 21 appearances for The Owls. After leaving Hillsborough at the end of last season, Adams took up Paul Sturrock's offer of pre-season training and he impressed enough during a series of friendly appearances to be awarded a permanent deal which will keep him at Swindon until February 2008.

JON-PAUL MCGOVERN

Jon-Paul McGovern joined Swindon Town on Friday 31st August 2007, just hours before the close of the transfer window. A lively winger who can operate out wide or through the middle, McGovern's arrival is a major boost to Paul Sturrock who had been chasing the player for some time. The 26-year old was a key cog in Paul Sturrock's Sheffield Wednesday side which won promotion to the Coca-Cola Championship and made over 60 appearances for The Owls during two seasons at Hillsborough. McGovern began his career as a trainee at Celtic but after one season, he was released by the Scottish giants and subsequently signed for Livingston in July 2003 after a successful loan spell in England with Sheffield United. A promising season for 'Livi' saw Sheffield Wednesday come in for the midfielder who joined Paul Sturrock's squad in time for the start of the 2004/2005 season. The Glasgow-born midfielder has signed a contract until the close of the 2009/10 season.

SIMON COX

Swindon Town manager Paul Sturrock completed his second signing of transfer deadline day on 31 August with the addition of Reading striker Simon Cox, who joined on loan until January 1 2008. The 20-year old signed a one-year professional deal at The Madejski Stadium in the summer and appeared for the Royals on Tuesday

28 August in the Carling Cup win at Swansea City. Reading-born Cox joined his hometown club at the age of nine and progressed up through the academy ranks before making his senior debut against Luton Town in the Carling Cup in September 2005. Cox spent time in League One last season, scoring three goals in six league starts for Northampton Town towards the end of the 2006/07 campaign.

CHRISTIAN ROBERTS

Cardiff-born striker who joined Town in October 2004 in a £50,000 switch from local rivals Bristol City. He is an aggressive runner and will add much needed pace to the Swindon frontline. Formerly with Exeter City where he scored 18 goals in 67 league starts for the Grecians from 2000 - 2002. 'Robbo' enjoyed a solid season during 2006-7, finishing as top scorer with 13 goals and began the new campaign as an option on the right or left of midfield.



MANAGERIAL RECORDS

John Ward No current manager

Played 7 Won 4 Drawn 2 Lost 1 For
13 Against 5
Av Pts/game 2.00
Biggest Win(s) Carlisle 4 Millwall 0
(06/10/2007) Biggest Loss(es) Yeovil
2 Carlisle 1 (13/10/2007).

MANAGER HEAD TO HEAD RECORD

Played ..0 | John Ward.....0 | No current manager
Draws ..0 | Goals 0 | Goals 0

Player with the most...

shots

Joe
Garner 33

shots on target

Joe
Garner 18

shots off target

Joe
Garner 15

assists

Joe
Anyinsah 3

crosses

Marc
Bridge-
Wilkinson 37

fouls

Joe
Garner 29

free-kicks-won

Joe
Garner 56



Player with the most...

shots

Lee
Peacock 25

shots on target

Billy
Paynter 12

shots off target

Simon
Cox 14

assists

Sofiene
Zaaboub 4

crosses

Sofiene
Zaaboub 28

fouls

Lee
Peacock 26

free-kicks-won

Billy
Paynter 25

GAMES SINCE

5	a win	0
2	a home win	0
3	an away win	1
1	a defeat	1
0	a home defeat	2
1	an away defeat	0
0	a score draw	3
4	a no score draw	28
0	conceding a goal	1
0	scoring a goal	0
0	conceding > 1	1
0	scoring > 1	2
4	keeping a clean sheet	0
1	failing to score	13
5	back to back wins	10
1	back to back defeats	4
0	gaining a point	0
0	losing a point	1
5	win by > one	8
2	loss by > one	7

SHARP SHOOTERS

Carlisle	CCFL Cup	Tot	Swindon	CCFL Cup	Tot		
Danny Graham	7	2	9	Billy Paynter	5	1	6
Joe Garner	7	0	7	Simon Cox	5	1	6
Simon Hackney	4	0	4	Christian Roberts	3	1	4

TEAM HEAD TO HEAD RECORD

Played ...26 | Carlisle wins6 | Swindon wins7
Draws13 | Goals 30 (1.2 per game) | Goals 30 (1.2 per game)
0-0's6 | Times failed to score 11 | Times failed to score 8

Biggest League win at Carlisle for each team:

30/03/1974 Carlisle 5-1 Swindon
02/05/1987 Carlisle 0-3 Swindon



2007/08 LEAGUE STATS



4	Position	11
16	Played	16
8	Won	6
5	Drawn	5
3	Lost	5
25	Goals For	24
13	Goals Against	17
29	Points	23



Record Against Top Half of Table

W	D	L	RANK	W	D	L	RANK
2	2	2	12	1	2	3	19

Record Against Bottom Half of Table

W	D	L	RANK	W	D	L	RANK
6	3	1	2	5	3	2	7

Record When Scoring First

W	D	L	RANK	W	D	L	RANK
7	3	2	3	6	3	0	5

Record When Conceding First

W	D	L	RANK	W	D	L	RANK
1	1	1	13	0	2	5	21

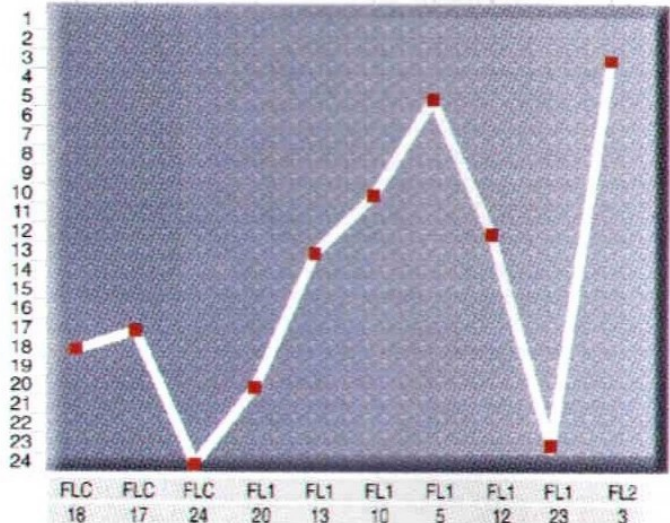
Match Scores

Wins: 1-0[3], 2-0[2], 3-1[2], 4-0[1],
Losses: 0-1[1], 1-2[2], Draws: 0-
0[1], 1-1[2], 2-2[2]

Wins: 1-0[2], 2-1[2], 4-1[1], 5-0[1],
Losses: 0-1[1], 1-2[4], Draws: 1-
1[5]

SWINDON - TEN SEASON RECORD

97/98 98/99 99/00 00/01 01/02 02/03 03/04 04/05 05/06 06/07



*up to and including 28/11/2007



The Football League's *Fans of the Future* initiative is aiming to attract the next generation of supporters to watch live football at their local club

Find out more at www.football-league.co.uk



We've Met Before



11 November 2006

FA Cup

ROBINS 3 - 1 UNITED

GOALS - Lumsdon (9 og), Gray (43),

Roberts (70, 90)

Att - 4938

The Robins had the wind with them for the first half and stand in keeper Phil Smith used it to his advantage with just 60 seconds on the clock when he launched a massive kick in to the Carlisle area. Kev Gray, running backwards, had to get his head on it and send it for a corner, preventing Westwood from having to deal with the awkward ball.

Disaster struck in the 9th minute when Swindon broke quickly, using it well. Weston and Evans combined in the middle of the park, releasing Aaron Brown on the Carlisle right. His cross, swirling in the wind, was difficult for Lumsdon to deal with and his powerful downwards header left his keeper with no hope as it whistled in to the back of his own net.

The Cumbrians almost shot themselves in the foot again in the 15th minute when a loose pass from Hawley ran all the way through to Roberts on the edge of the box. A bobble caused him to slice his shot, and Westwood was pleased to see it drop over his bar.

The visitors were getting forward nicely, without producing an end product, in what was an encouraging spell of possession football as they settled themselves down.

Royce Brownlie was then guilty of a glaring miss that could have doubled the Robins lead in the 23rd minute when he slipped beyond Murphy in midfield and surged in to the box. With players in support, and just Westwood to beat, he lost his cool and lifted his effort high over the target.

Christian Roberts was next to send a gilt edged chance way wide of the target when he was sent free by a Paul Evans pass. The big striker rushed his volley and could only acknowledge his wayward finishing

to the rest of his team.

If there is a good time to score then a strike just before half time will fall in to that category. United duly obliged, and it was all started by a teasing pass over the top by Lumsdon that put Gall in to a dangerous area. Smith was out quickly to challenge and he did enough to force the ball away for a corner. The delivery that followed from Lumsdon was perfect for Kev Gray at the back post, and he put enough on the header to ensure that it evaded the valiant attempt to clear it off the line, leveling the scores just before the break.

United would create the first opening after the break when Hawley volleyed a first time pass to Gall. His cross found Holmes who nodded it down for Thirlwell, 20 yards out. Under pressure he went for the first time, left footed piledriver, but couldn't keep it down enough to trouble the target.

It was a match in the balance and both Holmes and Hawley were unfortunate in the 52nd minute when a Livesey cross in to the box flew past the pair.

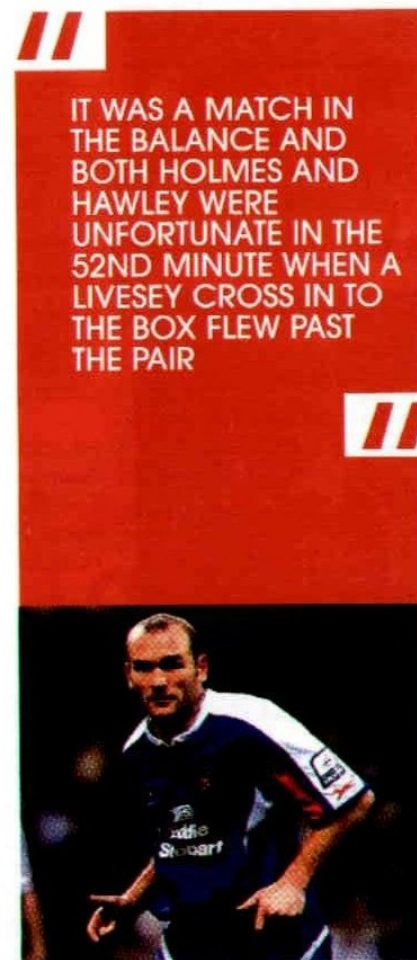
Hawley showed his strength in the 62nd minute when he shrugged off the close attentions of Jack Smith down by the Swindon goal line. He wriggled his way free before picking out Holmes, 8 yards out. His first touch took him away from his marker and he was unlucky to see his shot drift wide as he wrapped his left foot around the ball and sent it across the face of goal.

A series of errors led to the second goal of the afternoon for the Robins, starting with Brownlie leaving two players in his wake with a neat flick out wide on the right. His pass towards Roberts found Livesey off balance, and the defender could only trap it with his arm as he hit the floor. Roberts was on to it like a flash, pushing it out from under his feet and giving himself the chance to stroke a thunderbolt in to the bottom corner beyond the dive of Westwood.

Carlisle kept trying to get forward and Kev Gall put a curling shot in to Smith's midriff as the clock ticked down. However, the Robins would deal a killer blow when new arrival Lukas Jatkiewicz slipped Roberts through to notch his second of the afternoon. It was a good finish from the in form striker, who took two touches, beating his man, before blasting it in to the bottom corner.

SWINDON - P Smith, J Smith, Ifil, Williams, Brown (Zaaboub 41), Roberts, Shakes, Nicholas, Evans, Brownlie (Jutkiewicz 90), Weston. Subs - Stewart, Pook, Caton.

UNITED - Westwood, Raven (Livesey 46), Gray, Murphy, Aranalde, Lumsdon, Thirlwell, Harper, Gall, Hawley, Holmes (Hindmarch 81). Subs - Williams, Billy, Grand.



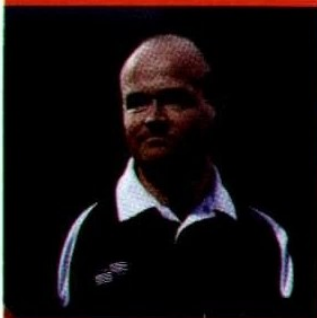
IT WAS A MATCH IN THE BALANCE AND BOTH HOLMES AND HAWLEY WERE UNFORTUNATE IN THE 52ND MINUTE WHEN A LIVESEY CROSS IN TO THE BOX FLEW PAST THE PAIR



What's Happening at... ...The County Ground



EVERYONE AT THE CLUB HAS WORKED SO HARD AND I WOULD BE GUTTED IF, DUE TO THE CIRCUMSTANCES WE ARE IN, ALL OF A SUDDEN WE GO TUMBLING DOWN THE LEAGUE ...



PAUL Sturrock admitted defeat in his fight to sign players before the loan window closed in November.

The Town boss had several loan players on standby but was not allowed to bring them to the County Ground because of the transfer embargo.

He said: "I have left everybody in the loop, in the know and nobody has got back to me (about the embargo). I have got people waiting to come in, but in the end there's nothing I can do."

Town chief executive Martyn Starnes admitted: "If the window had stayed open a further week we'd have had a much better chance of getting it done, but we've just been beaten by the regulations and the timing unfortunately. We have tried. I went to see the Football League to see if there was any relaxation from their position, but they weren't in a position to move within our time scale. We want to be able to provide Paul with the best opportunities that we can, but sometimes we just can't make it happen."

Sturrock also admitted that the club would not be appealing against the seven bookings dished out to them by controversial referee Lee Mason during the Leeds game.

He said, simply: "We must just get on with it." Town were hit with a £2500 fine from the Football League after the clash at Elland Road, but the manager insists Swindon are not a dirty team.

Sturrock has his own system of fines for yellow cards - with players hit in their pockets for dissent - and he is confident discipline will not become an issue with his squad.

He said: "We've been fined, but I see no point in appealing. In normal circumstances you don't benefit anything, you just lose a bit more money. This game was just a freak. We are not a dirty team in any form or any way. We're not anywhere near the top of the crime count as I call it, so it shows that what we put in place is working."

After watching the video of the Leeds match Sturrock maintains his side were harshly treated, but admits complaining further will not aid his team's cause. He said: "We are going to basically get on with it, but some of the bookings were just stupidity. The first one, when they were pushing each other, should have been just a warning. Two minutes later there's another fracas and he (Mason) doesn't book them. The rest of the bookings were for tackles. When you have 30,000 people shouting and balling it can excite people and I think that's what happened."

Swindon boss Paul Sturrock is hoping the off-field takeover talk at the County Ground does not affect their performances on the field.

Sturrock said: "It's been playing on people's minds. We had a potential takeover before for three or four months, which kept us in limbo, and now this one is dragging on. Everyone at the club has worked so hard and I would be gutted if, due to the circumstances we are in, all of a sudden we go tumbling down the league."

CRAIG Easton admits Town must go 'back to basics' if they want to rediscover the early-season form that dared fans to dream of a second successive promotion party.

Extra width has been the main talking point on the training ground, with Sturrock demanding more crosses from his wingers, and central midfielder Easton accepts his boss may have a point.

He said: "I think the gaffer is right in that we were getting a lot of joy out of that tactic earlier in the season, so if things are not going well results-wise maybe we should go back to basics. We can hit the width a wee bit earlier, but we have to have the possession to do that as well. If we can get into the mindset that as soon as we get the ball, we get it wide or hit the strikers, then we're going to create more chances. Even it's not clear-cut something might drop and we can maybe finish that."





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BS2
THE LANES, CARLISLE
TEL: 01228 512 264

www.carlisleunited.co.uk

We're still there

It's hard to believe that Christmas is almost upon us, it really doesn't seem that long since the season kicked off and our hopes and aspirations were all about bettering last seasons final product.

Therefore it has to be pretty comforting to everyone to acknowledge the fact that despite a potentially horrendous fixture list in November, we are still among the leading group in League One. Of course it was great fun being top for so long, three weeks I think in total, and yes, we deserved to be there. Now we are leading the pack chasing Leyton Orient and Nottingham Forest. As nice as that is, there are about half a dozen teams beneath us who are literally breathing heavily down our necks, one slip up and we could find ourselves catapulted outside the play off positions.

Among that chasing pack I include today's visitors, Swindon Town. Other than when John Gorman managed them, they have never truly been a favourite club of mine, possibly because they have always been such stubborn opponents of Carlisle United.

The most notable links I can dig out of my memory being striker Alan Mayes and goalkeeper Scott Endersby. In an FA Cup tie of the 198/84 season, it was Endersby who single handedly held at bay, a rampant United attack here at Brunton Park, earning his Swindon colleagues a replay in a fascinating 1-1 draw. The replay was simply one of those games, again, the Swindon shot stopper was incredible, pulling off countless saves as his foe, Messrs Poskett, Shoulder, Craig and Coughlin literally battered his goal with effort after effort.

Finally, Swindon won the encounter 3-1, ending our interest in the competition for that season. I think such resilience epitomises the spirit of Swindon Town. I expect today's encounter to be no easier, especially if as anticipated at the time of writing, manager Paul Sturrock leaves

the club in order to return to Plymouth Argyle. Managerless clubs are always a threat. Bob Stokoe referred to such clubs as 'loose canons.' I can fully understand what he means.

A bit of an apology now, in my last programme notes I rattled on about book signing sessions that were taking place for my latest addition to the United library, Carlisle Cult Heroes. It was all lined up for the Nottingham Forest home game, the cancellation of the fixture meant the moment was lost, hence my publisher has moved it to December 15 and the home game with current league leaders, Leyton Orient. To put the record straight, Stan Bowles and myself (and hopefully one other) will be at Bookends in the city centre from 11am until about 1pm, we then make the dash down Warwick Road to Brunton Park, where we are due to sign at the club shop at 1.30pm.

Stan's really excited about it all and is really looking forward to meeting with United supporters and talking non stop Carlisle United, so please come along to either venue. Stan's a really nice bloke and is full of United anecdotes, many of which I couldn't possibly print in the book without risk of being locked up! Thank you to those who purchased advance copies, I hope the wait was worth it.

With my one time position in the boardroom at the now defunct Gravesend & Northfleet FC, now Ebbsfleet United FC, I have been of late inundated with requests for my thoughts on the recent takeover by www.myfootballclub.co.uk

I confess to feeling a good deal of sympathy for the genuine support of Gravesend & Northfleet FC. I am more than a little surprised at the short space of time in which the takeover has been achieved. Whilst I can understand the board of directors optimistically contemplating the input of the financial resource offered by myfootballclub.co.uk

It surprised me that they accepted and went ahead with the deal. Yet



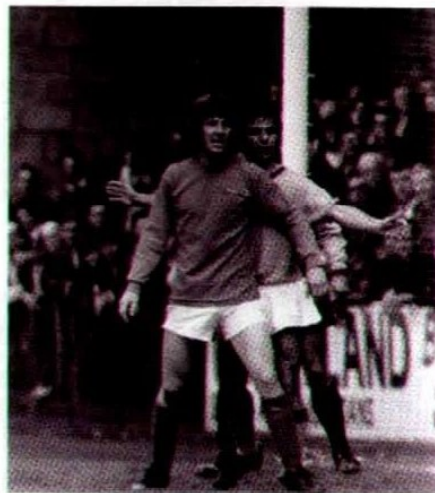
when you look at it, it is a wonderful marketing tool, the club has a new website, possibly 20,000 more supporters prepared to donate to the club to ensure its survival and success. That's all in the short term. In the long term, if the entire thing flops, people pull out, the thirty five quid membership fee's stop rolling in, then the board of directors get first option to purchase it back from Myfootballclub.co.uk at a reasonable market value of course.

Will it help the club? Who knows in the long term. Certainly, I do know that The Fleet have a limited fan base and a hard core support of around 750. They don't own the ground, it is rented, it requires a major overhaul and there is literally no current investment for this. The local council are in discussion about a 10,000 all seater stadium, but that's donkeys years away and is currently no more than a discussion. For me, I believe football clubs should be run by professionals, football itself by qualified coaches, supporters have passion, but their input is best served from the terraces or in the stands and not in the board or dressing room. I wish The Fleet well but I don't envisage any major surge through the football pyramid happening at Stonebridge Road.

See you soon.

C'mon ye blues.

Paul H



BRUNTON BLUES



Hello again everyone!

As you can see, yet more of our Brunton Blues have had a great day here at the club as our Mascots ... and it could be just as much fun for you! Contact me for more details, if you would like to be a Mascot on a match day.

The pictures here are of Cameron and Dylan Hill at the Grimsby FA Cup game.

Christmas Party news will follow soon - keep an eye out on the Official site and on this page for full details.

Enjoy the game, Gayle



The Ball boys today, sponsored by Hunters Engineering and Welding, are Dalston Junior Black Reds U11s

Festive Fun!

at Tullie House Museum & Art Gallery

Saturday 1 December
1pm - 3pm & 4pm - 6pm
(Lots available for viewing from 12pm)

The 4th Carlisle Art Auction
Over 100 works by local artists to be sold.

Saturday 8 December
10am - 4pm

Christmas Icons
Using gold leaf gildings,
egg tempera & pure colour pigments.
12 places for adults.
Tickets: £20 (£16 concessions).

Thursday 20 December
1pm - 8pm

Drop-In at the Guildhall
Free admission. Children aged 8
and under must be accompanied
by an adult.

Saturday 15 December • Christmas Fun Day

Masses of activities and entertainment all around the museum. Walkabout characters, children's theatre, Glittermania, drop-in Christmas activities and much more...

10am - 4pm

Christmas Drop-In

Drop in and make some easy but effective Christmas decorations.

Free admission. Children aged 8 and under must be accompanied by an adult.

10.30am / 11.45am

1.30pm / 2.45pm

Glittermania

Make cards, gift tags, wrapping paper, tree or table decorations.

Tickets: £2.50 per person per session.

11am - 4.30pm

Holly & Ivy - The Christmas Elves

Bread & Butter Theatre Company

Meet our magical Christmas elves as they pop up all over the museum.

www.breadandbuttertheatre.co.uk

2pm

A Christmas Carol

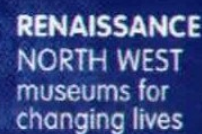
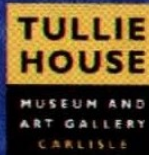
Storytellers Theatre Company

Baa...Humbug!! Storytellers Theatre Company takes adaptations of the classics to all types of places and audiences. This production is suitable for anyone aged 4+.

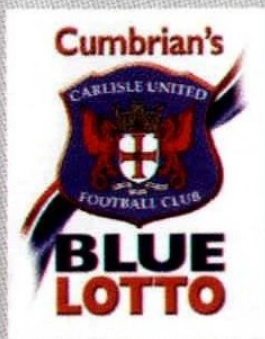
Tickets: £6.50 (£4 concessions).

www.storytellers.co.uk

For full details of all our Christmas activities, visit us at www.tulliehouse.co.uk or call our Box Office on 01228 618700



Blueslottoupdate



BLUES LOTTO

Would you like to earn some EASY cash for Christmas and beyond? No doubt the answer will be yes! Telephone Ewan (01228 526237 Option 4) first thing tomorrow morning to find out how!!

Residents of the Pategill area in Penrith can win a signed Carlisle United home shirt when they join the Blues Lotto in an exclusive draw at Pategill Stores. A similar promotion is currently running at Anderson News in Shap. The draws take place at these shops on 14 December, so pop in this week to sign up.



The Blues Lotto £1000 draw for Christmas takes place on Friday 21 December. Join up at Brunton Park this evening to have your chance of winning. It only costs £1 to play and for Carlisle residents we will even collect that £1 from your home each week - at no extra cost!

Recent £100 winners are Jack Furlong, Eddie Crawford, Alison Carter, Nigel Holmes, Helen Ruddick, Stephen Coop, D Green, Mrs Y Coles, Mrs C Thomson, J Kernaghan, Mark Hamilton, Mrs Bainbridge, Mrs Bronwen Dalton, Mrs Smith and Chris Leathers - all from Carlisle. Rob Thomlinson, David & Vivien Jessop - both Penrith. Mrs S Liddell - Brough, Mr Lancaster - Wigton. Dorothy Dickson - Flimby and Mr J D Nelson - Cockermouth.

For details of your local Blues Lotto agent please contact Ewan on 01228 526237 (option 4).

Remember - You've got to be in it to win it



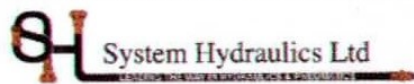
PREMIER CLUB

Due to the postponement of the Nottingham Forest match the draw for the Honda Jazz will now take place at the Leyton Orient match on 15 December. The 10 lucky finalists for this draw will be wined and dined along with their guests before the match with the draw and presentation taking place on the pitch at half time.

Our next BIG draw will take place on 21 December when we will be giving away a cash jackpot of £5000, as well as our

regular monthly prize of £1000.

If you can't think what to give your loved one for Christmas, why not give them a years Premier Club membership! There will be loads of great prizes to be won over the next 12 months. To find out more please call Ewan on 01228 526 237 (option 4).



GOLDEN GAMBLE

Mr M Grierson of Carlisle is thankful that he took the Golden Gamble sales persons advice at the Stockport County match. Initially he was going to purchase a single ticket until he was advised about the "buy 2 get a Golden ticket free deal".

When the draw was made at half time Mr Grierson was amazed and delighted to discover he had BOTH winning tickets, Blue 1405 and Gold 3404. Mr Grierson is pictured in the club reception after the match collecting

System Hydraulics Ltd, Proud to Sponsor the Half Time Golden Gamble

his cheques from Rachael, who pulled out his winning numbers.

Our Grimsby winners were Ian Watson, Blue 1424 and Craig Davidson, Gold 3225 - both from Carlisle.



7L Ltd, suppliers of Lottery systems to Carlisle United Football Club. Tel: 01257 277475



Commercially speaking



Tonight I would like to welcome Pioneer Foodservice, our Match Sponsors. Andrew Jenkins, of course, needs no introduction to Carlisle United fans and we hope he had time to enjoy the night as a Sponsor, along with his regular duties as Chairman of the club.

We'd also like to welcome David Bravey, and guests from Tarmac Ltd, who are our Associate Sponsors and are regular supporters of Carlisle United.

It's the first visit for Billy Bowman's Music Shop as Matchball Sponsors, and we hope they enjoy their evening.

I would like to draw your attention to a new venture we have agreed with the Utility Warehouse, which could be beneficial for both Carlisle United and our fans. The Utility Warehouse aim to provide cheaper utility bills and supporters who will not only benefit from cheaper bills, but Carlisle United will get a donation of up to 5% of your household bills every month! Simply ring 0800 131 3000 and quote our CFR Appeal number B72203 for more information.

With Christmas just around the corner it's well

worth popping in to the Blues Store and BS2. Both stores have special offers on at the moment. You can buy 3 for 2 on selected fashion items. Our 2008 calendars are now in stock featuring some great shots of the lads. If you are a Member of Carlisle United you can buy one of these calendars for the discounted price of £4. Other gift ideas include the popular computer game Football Manager 2008, CUFC branded footballs, new Club ties ... and there are loads of other lines to fill up those Christmas stockings.

We have a special menu for our New Years Day game v Hartlepool. As the game kicks off at 1pm we have chosen a brunch menu, and it also includes home made mince pies at half time, and cheese and biscuits and a glass of mulled wine at full time. If you would like to join us please contact me as soon as you can, as this is likely to book up quickly.

Jenny

Contact the Commercial department on (01228) 554 155 for more details on all of our sponsorship packages, or check the Commercial section at www.carlisleunited.co.uk

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**TAKE
IT TO THE
STREET**



CUFC **Contour**



This is one of those features that was extremely popular last season, and we hope we will be able to run it in every Matchday Magazine this time round as well.

As ever, we need your input if we are to achieve that.

What we want to see are those happy snaps of you, your family, friends or acquaintances showing a real bit of pride in the side ... whether at an away game, on holiday or even whilst doing something a little bit different at home.

If you would like to see your picture featured in the CUFC On Tour section of the Magazine then you can post it to the Media Department, Brunton Park, Warwick Road, Carlisle, CA1 1LL, email it in to media@carlisleunited.co.uk or drop it off at club reception, and we'll do the rest.

All we need to know, when you send your picture, is who is actually in it, where it is taken and as much about the circumstances surrounding the photo as you wish to tell us.

Our picture today was taken on holiday, this year, in Skala, Kefhalonia.

It shows Tom Harker who, Dad Ian tells us, is always proud to sport Carlisle United's colours, and when he saw the sign (above him in the piccie) he knew that the two were made for each other - after all, the sign says it all.

Tom also took a few purchases from the Blues Store to give out as thank you gifts, all of which were well received. It's also nice to know that there was many a tourist this summer who signed their travellers cheques with a CUFC pen.

Tom is a season ticket holder in the Platinum Stand and never misses a home game, which he attends with Dad, Grandad and a friend who has difficulty in attending on his own. That's three generations of the same family cheering on the Blues together - superb.

His favourite player is Ziggy and his favourite other team ... come on, you must be joking, there's only ONE United ... is his emphatic reply!

SEND US YOUR
PHOTOS TO FEATURE
ON THIS PAGE





IT IS BEST SUMMED UP BY THE POOR MAN WHO LOOKS AFTER THE MATCH DAY MASCOTS WHO APOLOGETICALLY EXPLAINS THAT THERE IS NO TOUR OF THE GROUND INCLUDED, AS THERE IS NOTHING TO SHOW TO ANYONE ...



The Exiles

A Londoneye



Last week saw the London Branch head for the seaside again with south London's favourite destination, Brighton, next on the fixture list. At the end of November it was a safe bet that the only families using the train for a day out at the seaside were Cumbrian. This may well explain why the seafront at Brighton had its shutters up and looked decidedly winter season. No trip to the seaside should go without a dip in the sea and certain teenagers kept up the tradition even if it was too cold to actually take off their shoes and socks, even after they were soaked.

There was to be no relief from the strong wind and low temperatures at Withdean. At least the long route-march from the station to the ground got the circulation going. Immediately through the turnstiles the first drops of rain fell. Everyone had been soaked the year before and it seemed that despite the forecast a black cloud was still waiting over the away end. Fortunately the shower quickly passed and it seemed that temperatures stopped falling as the sun set.

The Withdean Experience is a contradiction in terms. It is best summed up by the poor man who looks after the Match Day Mascots who apologetically explains that there is no tour of the ground included, as there is nothing to show to anyone. There was no atmosphere. The Brighton fans tried to sing a song but they were so far away and faint on their open-air stand it was impossible to hear the words. Little wonder they have to use Norman Cook over the PA system to give some idea of noise.

Across the running track and the end of the athletics stadium stood the distant goalposts, about 200 metres away, on the horizon, were the posts at the other end. Those who had been to Luton a few days before remarked upon the difference. At Luton it had been possible to reach over the barrier at the front and dry your hands on Keiren's towel. When you get a seat in the "gods" at the opera at least you can hire a pair of binoculars. At Brighton the away crowd had to rely upon the PA to find out what was going on. The first goal at that far end was met with an almost universal "Who scored?" as everyone leapt to their feet. At least Joe Garner ran over to the running track after the second one to help the fans in the failing light. Thoughtful of him.

The sending off in the second half was shrouded in mystery. Few saw what had happened as it was in the middle of the pitch, the furthest point from any of the floodlights, and a huge ruck immediately formed. As the culprit made his, literally, long walk the away fans struck up "Who the **** are you?" as they had no idea who had been dismissed. It appeared the PA did not know who it was or did not wish to add to their own player's humiliation.

At the station the visiting fans split into two, those heading home towards London and the others heading for the delights of Brighton. 20 minutes later the latter are still sitting on their train in the station. Why does it sit for 15 minutes when this football shuttle takes only 4 minutes to get to Brighton? The cold wet weather puts a dampener on the fun at the end of the pier.



CUSC LONDON BRANCH, PROUD TO BE MAIN SPONSORS OF THE 2007 / 08 MATCHDAY MAGAZINE





XMAS FUN AND GAMES

Planning is already under way for the London Branch annual Christmas meal. Already the venue has been booked, a Mediterranean restaurant but sadly located on the South Bank where it might be a bit colder, mid December. To make the day more of an event it is planned to attend a football match in the afternoon. Cray Wanderers of the Ryman League are playing Dover that afternoon.

MASCOT AT LUTON

Sam Clarkson, London Branch Junior Blue, led out the team at Luton earlier in the month. He lives in South London but manages to get to nearly all the games in the south east.



PONCASTER SPECIAL

London Branch members are looking to take advantage of a special deal on the train that will see them make the round trip for £10. Early booking was essential as with all these deals.

If you would like to know more about the London Branch of the Carlisle United Supporters Club then contact: Bob Brookes, 51, Lavender Grove, York. YO26 5RX or 01904 780 697



CHRISTMAS PRESENT PROBLEM SOLVED

Looking for a Christmas present for a Carlisle United fan who lives outside the local area? Why not make them a member of the London Branch who attempt to look after all the exiled Carlisle fans, in this country and across the world. They will receive free copies of the regular 'Hit the Bar' magazine as well as other benefits. Entering into the festive spirit, the London Branch are offering membership for only £10.





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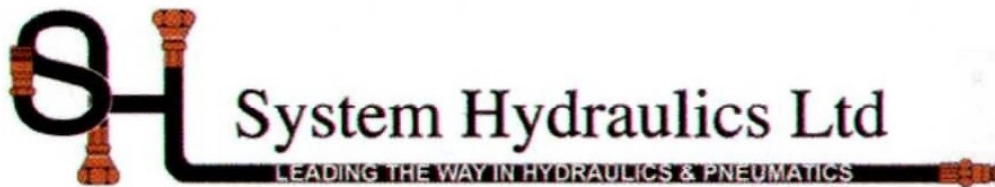
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Man Of The Match Awards

MOM WINNERS SEASON 2007/2008



It's us against them

Us against Them is the prediction competition where the fans take on the Pro's as we try to find out who really does know most about the beautiful game.

The rules couldn't be easier - our participants tell us whether each game will end as Home win (H), Away win (A) or a Draw (D). If they get it right, they get a point.

If they get it wrong, they get absolutely nothing. The tables below will show the results they opted for whilst also allowing us to keep tabs on the most successful team.

There'll be a different member of the playing staff, including the players, having a go on behalf of the Pro's each week and there are almost 100 fans waiting to trip them up, so there is plenty to keep track of.

Current Standings (will appear here)

	Pro	Team A	Team B	Team C	Team D	Team E
Points	34	34	29	26	29	32

Weekly Prediction Table

Game	Pro	Team A	Team B	Team C	Team D	Team E
	Neale McDermott	Steve Coyles	Maggie Bell	Mally Claringbold	Michael Shepherd	Liam Crook
Crewe v Gillingham	H	H	D	H	D	H
Doncaster v Brighton	H	H	D	D	H	D
Hartlepool v Tranmere	H	D	A	D	D	H
Leeds v Port Vale	H	H	H	H	H	H
Leyton Orient v Millwall	H	H	D	H	H	H
Oldham v Luton	D	H	H	H	H	A
Swansea v Northampton	H	H	H	H	H	H
Walsall v Nottm Forest	A	A	A	A	D	D
Yeovil v Bournemouth	H	D	H	H	H	H
Bristol Rovers v Cheltenham	D	H	D	H	D	H

Who's Playing Who?

Game	Pro	Team A	Team B	Team C	Team D	Team E
Oldham Athletic	Paul Thirlwell - 5	Robert Calvert - 7	Joanne Marie - 2	Michelle Hall - 3	Carol Marie - 3	Robbie Welsh - 4
Cheltenham Town	Danny Livesey - 4	Andy Dixon - 4	Mark Robinson - 5	Jamie Robinson - 0	Mike Halford - 0	Jamie Dinsdale - 4
Tranmere Rovers	Kev Goll - 3	Josh McStay - 3	Mark Brown - 0	Lee Gardner - 3	Adam Sheridan - 5	Stu Whiteman - 4
Bristol Rovers	Shaun Vipond - 4	SPK - 7	Graeme Moore - 6	Oliver Moore - 3	Richard Mullen - 6	Steve Chapman - 5
Millwall	Danny Carlton - 5	Bill Hayton - 6	Joan Hayton - 3	Alistair Graham - 0	Simon Clarkson - 6	Rob Gale - 2
Gillingham	Peter Murphy - 3	Dave Noble - 0	Richard Piggford - 4	Nigel Hunter - 8	Martin Robson - 5	usablu - 2
Leeds United	Greg Abbott - 4	Graham Watt - 0	Mark Fawcett - 6	Colun Lynch - 5	deloufc - 0	Martin Dowek - 4
Nottingham Forest	Paddy Gorrill	Stuart Kerr	Wukkie	Matty Crook	Martin Pugh	
Swindon Town	Neale McDermott	Steve Coyles	Maggie Bell	Mally Claringbold	Michael Shepherd	Liam Crook
Leyton Orient	Jayne McCluskey	Nobby Nobkin	Karlari	Kevan Blackadder	Ewan Little	
Swansea City	Simon Timperley	Russell Cook	Paul Kidd	Ian Bone	Simon Davison	
Hartlepool United	Josh Briggs	Mick Martin	Mike Booth	Richard Dawson	Peter Booth	
Port Vale	Robbie George	Bobby Living	Pokeyblue	Harrigateblue	Diane Brooks	
Crewe Alexandra	Andrew Penn	David Kidd	Matthew Shepherd	Graham Carick	Martin Hall	
Walsall	John Tilley	Chris Batty	Moyesey	Steve Lytolls	Edblue	
Huddersfield Town	Chris Billy	Dean Little	Kev McGeorge	Antony Reay	Margaret Willis	
Doncaster Rovers	Craig Mattinson	Peter Hines	Tommy Heenan	Chemicrazy	John Willis	
Brighton & Hove Albion	Alex McGeorge	Aaron Bell	David Plimmer	Paddock	Jonny Willis	
Luton Town	Paul Wright	Martin Denovells	Steve Shepherd	Jonny Shepherd	Heather Willis	
Northampton Town	Benbecula Blue	Dan Claminson	Harry Cornish	Alison Tilley	Dave Charles	
Yeovil Town	LincsBlue	Marlin Taylor	Graeme Thomson	Tommy Lane	Ryan Massey	
Southern United	Brian Strong	James Mokie	Chris Robertson	Shepsheblue	Ryan Bricklebank	
Bournemouth	Graham Thompson	Jennifer Reed	Hughie Jackson	Tom Lumb	Thomas Davison	
Grimby Town (FA 1)	Joe Anyrsah - 6	Ewan Poole - 7	Matt Reed - 3	Len Priestley - 4	Andy Watson - 4	Mike Martin - 7

**IF YOU DON'T
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FOR THAT WEEK!**

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Talking youth

ERIC IS TELLING EVERYONE THAT HE WANTED ME TO TAKE IT IN TO THE CORNER, BUT I FANCIED MY CHANCES, SO I WENT FOR IT.

Andy Cook has quietly been getting on with his job over the last few months, and has reaped the reward with some excellent performances in a Youth team that is growing in confidence with every game.

We spoke to him last week, to find out if he is settling over here in Carlisle.

He said: "It's been a good few weeks for the team. We've scored a few goals and we've kept quite a few clean sheets and, I think, we've also been playing some good football. The fact that I have been getting a few goals for myself is neither here nor there, because we all just want to keep winning. It doesn't matter what competition we are playing in, we just want to keep winning."

His goal against Chesterfield ten days ago was a little bit on the special side and he explained: "I got it quite deep and there was a bit of space in front of me. I decided to go on a run and it opened up for me a bit. I had to ride a couple of challenges, and then I had to go round the keeper, and it all came off for me so I was really pleased."

"Eric is telling everyone that he wanted me to take it in to the corner," he told us, "but I fancied my chances, so I went for it. I don't think he minded too much afterwards."

"I've played up front ever since I was really young," he added, "and all I've ever wanted to do is score goals. I started playing for my school, obviously, but I got involved in Sunday League football from a really young age. I was then invited along to the Middlesbrough Development Centre and they then took me in for a trial. Nothing happened with that, but it was an excellent experience for me. Mind you, I was gutted when they didn't take me on, and I did wonder whether that was the end of my chances of getting anywhere."

"I went back to play for Yarm, over in Middlesbrough," he continued, "and it turned out that 'Boro had told Eric about me. He came over to watch what I was doing and then, at the end of the game, he took me to one side and told me that there was a chance that I could come to Carlisle. I jumped at the chance, to be fair, and there were absolutely no second thoughts at all."

"I now lodge over here with some of the other lads, at Cartref House," he said, "and that can be quite enjoyable. We all get on well together, which makes it much easier and Eric makes sure that we are looked after. It was hard for the first few weeks, but I still take my dirty washing home at the weekend, and things like that, so it isn't too bad!"

"One of the things that Eric said back in the summer was that we would get a chance in the Reserves, if we kept working hard," he told us, "and I have been involved a few times now. It was completely different to Youth football. It was much quicker, and it can get very physical. I enjoy that part of the game, though, so that's not too bad."

"We have other things to do away from the Youth and Reserve games," he added, "including NVQ and school work. We are also given a player to look after, and I have Danny Carlton. I sort his boots out, and he is a decent bloke so it isn't too bad for me. Everyone at the club is good with us, actually, so it's a decent place to be. I'd still rather be playing football than doing jobs ... that probably goes without saying."

"We get a break for the Christmas period," he said. "It's ten days and I will go home for that. In one way you look forward to it, but I know I'll be looking forward to playing again by the end of it. The immediate thing for us is our cup game against Mansfield and then the game against Blackpool. Hopefully I'll do my bit in those, maybe get a goal, and we'll have some more victories under our belt."





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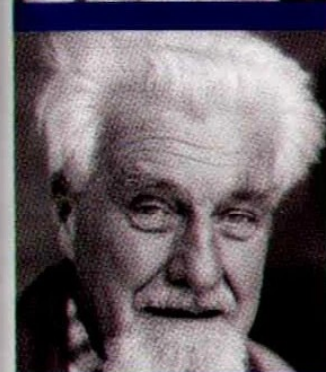


Speaking one to one.

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IN ENGLAND AND WALES MORE THAN 90 PER CENT OF VIOLENT OFFENDERS ARE MALE AND HALF OF THOSE ARE BETWEEN 17 AND 24



withTheChaplain



An Austrian Noble prize winner called Konrad Lorenz believed that warlike tendencies in human beings could be ritualised and harnessed, and then peacefully integrated into society.

Human aggression could thus form a constructive and even necessary part of society, and so through evolution war would become a thing of the past and human aggression would be controlled. The ritual he had in mind was sport and in particular the sport of football. He wrote a book in 1963 called 'On Aggression' in which he argued that aggression is so much a part of human behaviour, especially in men, that it could be spent in football and especially in international football games. Thus taking the place of international wars.

Violence is certainly a common feature in most societies. Statistically we know that it is a male characteristic and particularly in young males. In England and Wales more than 90 per cent of violent offenders are male and half of those are between 17 and 24. Lorenz wrote, "a simple and effective way of discharging aggression in an innocuous manner is to redirect it into sport".

That might explain why England lost to Croatia at Wembley in their final Euro 2008 qualifier. For England had all the aggression of Christopher Biggins in the TV programme, 'I'm a celebrity get me out of here'. They were limp, ineffective, and forgot that football is actually a contact sport. England looked lost, needed a leader and forgot about tackling in the first half to such an extent that I thought the Croatians might just pass it to them out of pity. The result as we all know is that Steve McClaren lost his job as the England coach and so dissatisfied were the FA with him they gave him more than two million pounds to go away!!! It's tough at the top.

Perhaps one of the greatest international footballing rivals the England team have is the Germans. So it is interesting to see that an ex German national football coach, Jurgen Klinsmann, has declared very strongly that he wants the England job. He

describes the role of being the England coach as his 'dream job'. A countryman of Klinsmann 'the Kaiser' himself Franz Beckenbauer strongly supports and recommends Klinsmann becoming the next England coach. So much so that at the World Cup draw recently he sought out Geoff Thompson of the FA to tell him how good a job Klinsmann had done for Germany. Wouldn't that be a turn up if we had a German coach at the helm of England. Maybe Klinsmann could show us the secret of how to win on penalties.

Whilst English premier league managers are falling away and retreating from showing any interest in the national job, apart from good old Harry Redknapp, another foreign coach, the ex Real Madrid, AC Milan, and Juventus coach Fabio Capello has said he, like Klinsmann, is desperate for the job. Capello believes that the problem with the England team isn't a lack of skill, we have that in abundance he says, but the problem is psychological. English players underachieve because of a lack of confidence at international level he believes. It is strange how the likes of Rooney, Gerard, Lampard Ferdinand, Cole, Owen etc lose to much inferior players who seem to make better teams.

As Lorenz points out aggression is a part of life in every human being and so it is vital for the well being of society that aggression is controlled and kept within the values, norms, and laws of society. Likewise when aggression is directed into sport it must be controlled aggression-in sport controlled aggression helps to win matches. Of course no team can win all the time that only happens in fantasy football not the real game on the pitch.

Every team is going to lose sometimes. I guess the trick is to harness the lessons learnt, accept that as humans we have dips and lulls in form and move on to the next game.

As we welcome Swindon Town today we do so on the back of a good draw away at Brighton and look toward continuing our good season in the league.



Player appearances

	League		FA Cup		Other Cup Total		Apps	Gls
	Apps	Gls	Apps	Gls	Apps	Gls		
Joe Anyinsah	7 (2)	1	0	0	2	0	9 (2)	1
Zigor Aranalde	96 (1)	6	3	1	14	0	113 (1)	7
Paul Arison	84 (27)	1	3	0	19	0	106 (27)	1
Adam Bradley	0	0	0	0	0	0	0	0
Marc Bridge-Wilkinson	20 (3)	2	2	0	3	1	25 (3)	3
Martin Brittain	0 (1)	0	0	0	1	0	1 (1)	0
Danny Carlton	1 (11)	0	0 (2)	0	2 (2)	0	3 (15)	0
Ged Dalton	0	0	0	0	0	0	0	0
Kev Gall	53 (7)	9	3	0	4 (3)	2	60 (10)	11
Joe Garner	31 (2)	12	2	0	1 (1)	0	34 (3)	12
Danny Graham	25 (2)	14	2	0	4	2	31 (2)	16
Simon Hackney	32 (30)	12	2 (1)	0	8 (8)	0	42 (39)	12
Stephen Hindmarch	0 (7)	0	0 (1)	0	0 (2)	0	0 (10)	0
Chris Howarth	0	0	0	0	0	0	0	0
Luke Joyce	7 (9)	1	0	0	0	0	7 (9)	1
Richard Keogh	1	0	0	0	0	0	1	0
Dan Kirkup	0	0	0	0	1	0	1	0
Danny Livesey	101 (4)	10	3 (1)	0	16	1	120 (5)	11
Chris Lumsdon	123 (6)	17	8	0	20	0	151 (6)	17
Gary Madine	0	0	0	0	0	0	0	0
Neale McDermott	6 (9)	3	0	0	1 (2)	0	7 (11)	3
Peter Murphy	237 (12)	15	12	0	25 (2)	1	274 (14)	16
David Raven	52	0	3	0	4	0	59	0
Jeff Smith	25 (3)	1	1 (1)	0	3 (1)	0	29 (5)	1
Paul Thirtwell	35 (1)	0	1	0	3 (1)	0	39 (2)	0
Shaun Vipond	1 (3)	0	0	0	0	0	1 (3)	0
Keiren Westwood	101	0	4	0	16	0	121	0
Harry Worley	1	0	0	0	0	0	1	0



Back Row (L to R): Danny Carlton, Martin Brittain, Neale McDermott, Danny Graham, David Raven, Shaun Vipond, Ged Dalton, Simon Hackney
 Middle Row (L to R): Neil Dalton, Simon Smith, Dan Kirkup, Danny Livesey, Adam Bradley, Keiren Westwood, Chris Howarth, Luke Joyce, Marc Bridge-Wilkinson, Eric Kinder
 Front Row (L to R): Joe Garner, Paul Arison, Jeff Smith, Chris Lumsdon, Dennis Booth, Greg Abbott, Paul Thirtwell, Zigor Aranalde, Kevin Gall, Peter Murphy

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Season appearances 2007/8

Coca Cola League One Table

As at Sunday 25 November 2007	Pld	Home					Away					Overall					Pts	Gd
		W	D	L	F	A	W	D	L	F	A	W	D	L	F	A		
1 Leyton Orient	17	4	2	2	12	14	5	2	2	14	12	9	4	4	26	26	31	0
2 Nottingham Forest	16	5	3	1	15	4	3	3	1	12	5	8	6	2	27	9	30	+18
3 Carlisle United	16	5	1	1	12	3	3	4	2	13	10	8	5	3	25	13	29	+12
4 Swansea City	16	2	3	2	6	6	6	1	2	20	10	8	4	4	26	16	28	+10
5 Leeds United (-15)	17	7	1	0	17	5	6	1	2	14	8	13	2	2	31	13	26	+18
6 Doncaster Rovers	17	4	2	2	13	7	3	3	3	12	12	7	5	5	25	19	26	+6
7 Brighton & Hove Albion	17	4	3	2	15	10	3	2	3	8	8	7	5	5	23	18	26	+5
8 Southend United	17	4	1	3	14	9	4	1	4	11	14	8	2	7	25	23	26	+2
9 Tranmere Rovers	17	3	3	3	11	8	3	3	2	7	6	6	6	5	18	14	24	+4
10 Walsall	17	2	3	3	8	9	4	3	2	11	8	6	6	5	19	17	24	+2
11 Swindon Town	16	5	2	2	16	7	1	3	3	8	10	6	5	5	24	17	23	+7
12 Crewe Alexandra	17	5	1	2	10	7	1	4	4	8	15	6	5	6	18	22	23	-4
13 Huddersfield Town	17	4	2	3	12	9	3	0	5	4	15	7	2	8	16	24	23	-8
14 Yeovil Town	17	3	2	3	7	9	3	2	4	8	10	6	4	7	15	19	22	-4
15 Hartlepool United	16	3	3	2	12	9	3	0	5	10	12	6	3	7	22	21	21	+1
16 Oldham Athletic	16	2	1	4	6	8	3	3	3	10	8	5	4	7	16	16	19	0
17 Northampton Town	17	4	1	4	11	9	1	3	4	8	14	5	4	8	19	23	19	-4
18 Bristol Rovers	17	1	4	3	9	14	3	3	3	8	8	4	7	6	17	22	19	-5
19 Gillingham	17	5	3	1	14	10	0	1	7	3	21	5	4	8	17	31	19	-14
20 Millwall	17	4	1	4	12	11	0	3	5	4	15	4	4	9	16	26	16	-10
21 Cheltenham Town	17	2	5	2	9	11	1	1	6	6	15	3	6	8	15	26	15	-11
22 Bournemouth	17	0	2	7	5	19	3	2	3	11	10	3	4	10	16	29	13	-13
23 Luton Town (-10)	17	6	2	1	16	8	0	2	6	3	12	6	4	7	19	20	12	-1
24 Port Vale	17	2	1	6	8	13	1	2	5	6	12	3	3	11	14	25	12	-1

	League Apps	Gls	Cup Apps	Gls	Total Gls
Joe Anyinsah	7 (2)	1	2		1
Zigor Aranalde	16		6	1	1
Paul Arnison	4 (4)		3		
Adam Bradley					
Marc Bridge-Wilkinson	16	2	5	1	3
Martin Brittain	0 (1)		1		
Danny Carlton	1 (11)		2 (4)		
Ged Dalton					
Kev Gall	9 (6)	1	4 (2)	2	3
Joe Garner	14 (1)	7	3 (1)		7
Danny Graham	14 (2)	7	6	2	9
Simon Hackney	10 (3)	4	3 (3)		4
Chris Howarth					
Stephen Hindmarch					
Luke Joyce					
Richard Keogh	1				
Dan Kirkup					
Danny Livesey	16	2	6		2
Chris Lumsdon	11 (2)		5		
Gary Madine					
Neale McDermott			0 (1)		
Peter Murphy	10 (1)		3		
Jeff Smith	8 (3)		5 (1)		
David Raven	16		6		
Paul Thirlwell	6		2		
Shaun Vipond					
Keiren Westwood	16		6		
Harry Worley	1				

KEEP UP TO DATE
WITH THE STATS
THIS SEASON IN
YOUR MATCHDAY
MAGAZINE

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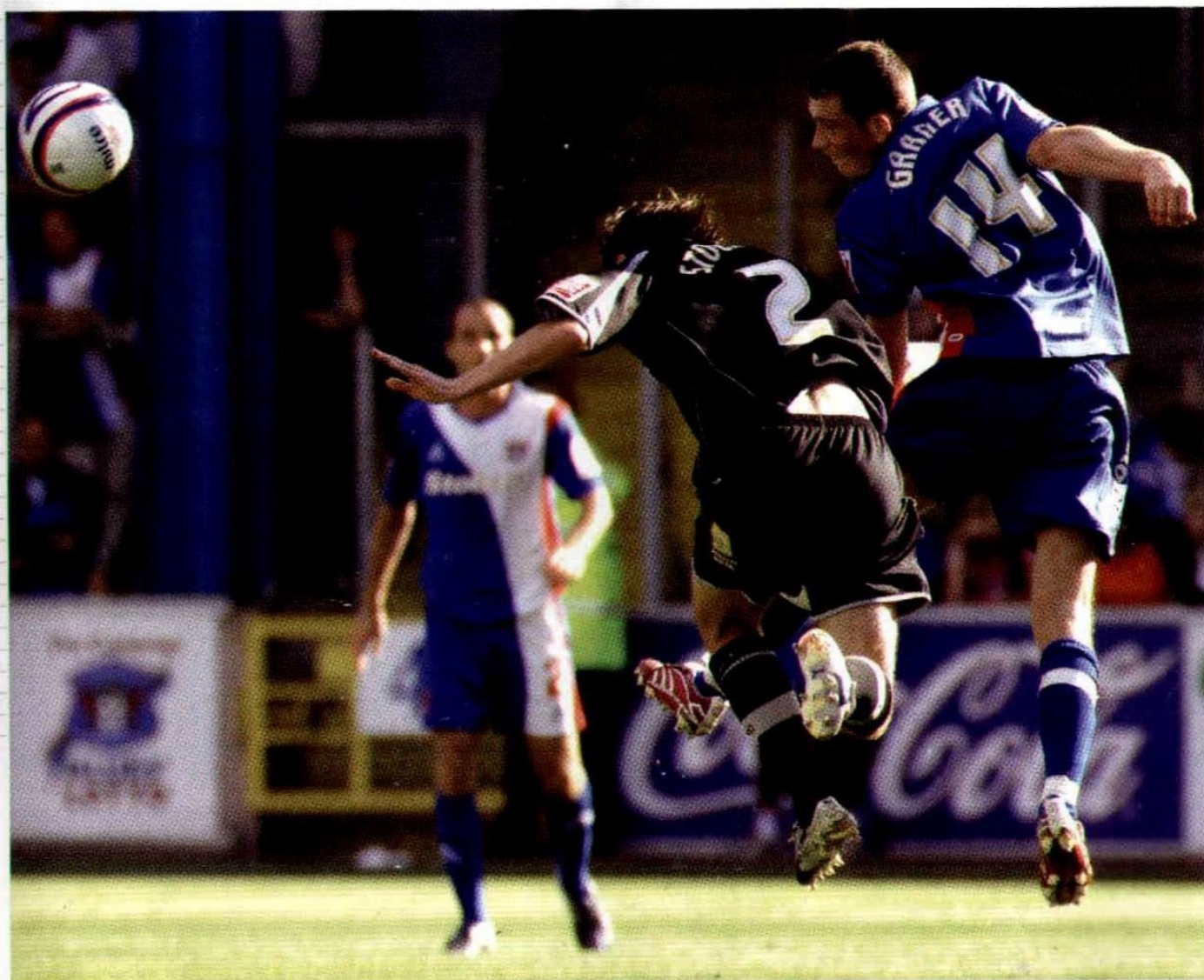
DATE	OPPONENTS	KO	RES	POS	PTS	SHIRT	ATT	AWAY FANS	GK	PLAYER 2	PLAYER 3	PLAYER 4	PLAYER 5	
AUGUST														
Sat 11	Walsall	A	1500	1-1	8	1	B	6933	1391	Westwood	Raven	Livesey	Murphy	Aranalde
Tue 14	Bury (League Cup 1)	A	1945	1-0			R	2213	561	Westwood	Arnison	Raven	Livesey	Aranalde
SAT 18	OLDHAM ATHLETIC	H	1500	1-0	5	4	B	7777	982	Westwood	Arnison	Raven	Livesey	Aranalde
SAT 25	Huddersfield Town	A	1500	2-0	2	7	R	10,022	1181	Westwood	Arnison	Raven	Livesey ¹	Aranalde
TUE 28	COVENTRY CITY (LEAGUE CUP 2)	H	1945	0-2			B	5744	428	Westwood	Arnison	Raven	Livesey	Aranalde
SEPTEMBER														
SAT 1	CHELTHENHAM TOWN	H	1500	1-0	2	10	B	6125	141	Westwood	Raven	Worley	Livesey ¹	Aranalde
SAT 8	TRANMERE ROVERS	H	1500	0-1	3	10	B	6556	459	Westwood	Arnison	Raven	Livesey	Aranalde
Fri 14	Swansea City	A	1945	1-2	4	10	B	11,354	190	Westwood	Arnison	Raven	Livesey	Aranalde
SAT 22	BRISTOL ROVERS	H	1500	1-1	6	11	B	6106	345	Westwood	Raven	Murphy	Livesey	Aranalde
Sat 29	Bournemouth	A	1500	3-1	4	14	B	4940	447	Westwood	Raven	Murphy	Livesey	Aranalde
OCTOBER														
Tue 2	Hartlepool United	A	1945	2-2	4	15	R	5359	924	Westwood	Raven	Murphy	Livesey	Aranalde
SAT 6	MILLWALL	H	1500	4-0	3	18	B	7022	244	Westwood	Raven	Murphy	Livesey	Aranalde
TUE 9	CHESTER CITY (JPT 2)	H	1945	4-2			B	3154	86	Westwood	Arnison	Raven	Livesey	Aranalde
Sat 13	Yeovil Town	A	1300	1-2	6	18	B	4757	1bc	Westwood	Raven	Murphy	Livesey	Aranalde
SAT 20	GILLINGHAM	H	1500	2-0	3	21	B	6461	175	Westwood	Raven	Murphy	Livesey	Aranalde
SAT 27	Southend United	A	1500	1-0	1	24	R	9281	650	Westwood	Raven	Murphy	Livesey	Aranalde
NOVEMBER														
SAT 3	LEEDS UNITED	H	1500	3-1	1	27	B	16,668	3400	Westwood	Raven	Murphy	Livesey	Aranalde
Tue 6	Luton Town	A	1945	0-0	1	28	B	5462	408	Westwood	Raven	Murphy	Livesey	Aranalde
SAT 10	GRIMSBY TOWN (FA 1)	H	1500	1-1			B	5128	130	Westwood	Raven	Murphy	Livesey	Aranalde ¹
TUE 13	STOCKPORT COUNTY (JPT AGE)	H	1915	0-3			B	3395	123	Westwood	Raven	Murphy	Livesey	Aranalde
SUN 18	NOTTINGHAM FOREST	P-P												
TUE 20	GRIMSBY TOWN (FA 1 REP)	A	1945	0-1			B	2008	180	Westwood	Raven	Murphy	Livesey	Aranalde
SAT 24	BRIGHTON & HOVE ALBION	A	1500	2-2	3	29	R	5390	407	Westwood	Raven	Keogh	Livesey	Aranalde
DECEMBER														
TUE 4	SWINDON TOWN	H	1945											
Sat 8	Northampton Town	A	1500											
SAT 15	LEYTON ORIENT	H	1500											
SAT 22	SWANSEA CITY	H	1500											
Wed 26	Tranmere Rovers	A	1500											
Sat 29	Bristol Rovers	A	1500											
JANUARY														
TUE 1	HARTLEPOOL UNITED	H	1300											
SAT 5	PORT VALE	H	1500											
Sat 12	Doncaster Rovers	A	1500											
SAT 19	CREWE ALEXANDRA	H	1500											
Fri 25	Cheltenham Town	A	1945											
Tue 29	Oldham Athletic	A	1945											
FEBRUARY														
SAT 2	WALSALL	H	1500											
Sat 9	Port Vale	A	1500											
TUE 12	HUDDERSFIELD TOWN	H	1945											
TUE 19	NOTTINGHAM FOREST	H	1945											
Sat 16	Crewe Alexandra	A	1500											
SAT 23	DONCASTER ROVERS	H	1500											
MARCH														
Sat 1	Nottingham Forest	A	1500											
SAT 8	BRIGHTON & HOVE ALBION	H	1500											
TUE 11	LUTON TOWN	H	1945											
Sat 15	Swindon Town	A	1500											
Sat 22	Leyton Orient	A	1500											
MON 24	NORTHAMPTON TOWN	H	1500											
Sat 29	Gillingham	A	1500											
APRIL														
SAT 5	YEOVIL TOWN	H	1500											
Sat 12	Leeds United	A	1500											
SAT 19	SOUTHEND UNITED	H	1500											
Sat 26	Millwall	A	1500											
MAY														
SAT 3	BOURNEMOUTH	H	1500											



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PLAYER 6	PLAYER 7	PLAYER 8	PLAYER 9	PLAYER 10	PLAYER 11	SUB 1	SUB 2	SUB 3	SUB 4	SUB 5	REFEREE
Bridge-Wilkinson	Thirlwell	Smith	Hackney	Graham	Gall ¹	Howarth	Arnison (P4)	Carlton (P10)	Garner (P9)	McDermott	A Bates
Bridge-Wilkinson	Thirlwell	Smith	Garner	Graham ¹	Gall	Howarth	Hackney (P8)	Carlton (P9)	Lumsdon	Brittain	D Drysdale
Bridge-Wilkinson	Thirlwell	Smith	Garner	Graham ¹	Gall	Howarth	Hackney	Carlton (P10)	Lumsdon	Brittain (P11)	N Miller
Bridge-Wilkinson	Thirlwell	Smith	Garner ¹	Graham	Gall	Howarth	Hackney	Carlton (P9)	Lumsdon (P10)	Brittain	C Boyeson
Lumsdon	Thirlwell	Hackney	Carlton	Graham	Brittain	Howarth	Kirkup	Smith (P8)	Gall (P10)	McDermott (P7)	J Moss
Bridge-Wilkinson	Thirlwell	Smith	Garner	Graham	Gall	Howarth	Hackney (P8)	Carlton	Lumsdon	Arnison (P3)	C Webster
Bridge-Wilkinson	Thirlwell	Smith	Garner	Graham	Gall	Howarth	Hackney (P8)	Carlton (P11)	Lumsdon (P6)	Worley	E Ilderton
Bridge-Wilkinson	Thirlwell	Smith	Garner	Lumsdon	Gall	Howarth	Hackney	Carlton (P11)	Graham (P7) ¹	Murphy (P9)	C Penton
Bridge-Wilkinson	Lumsdon	Smith	Garner	Graham ¹	Gall	Howarth	Arnison	Carlton (P9)	Hackney (P8)	Anyinsah (P11)	C Oliver
Bridge-Wilkinson	Lumsdon	Hackney	Garner ²	Graham	Anyinsah ¹	Howarth	Arnison	Carlton (P10)	Gall (P11)	Smith (P8)	S Tanner
Bridge-Wilkinson	Lumsdon	Hackney	Garner	Graham ²	Anyinsah	Howarth	Arnison	Carlton (P9)	Gall (P11)	Smith (P8)	M Pike
Bridge-Wilkinson ¹	Lumsdon	Hackney	Garner ¹	Graham ²	Anyinsah	Howarth	Arnison (P3)	Carlton (P11)	Gall (P9)	Smith	G Laws
Bridge-Wilkinson ¹	Lumsdon	Smith	Gall ²	Graham ¹	Anyinsah	Howarth	Murphy	Carlton (P10)	Hackney (P11)	Garner	N Swarbrick
Bridge-Wilkinson	Lumsdon	Smith	Gall	Graham	Hackney ¹	Howarth	Arnison	Carlton (P10)	Anyinsah (P8)	McDermott	G Hegley
Bridge-Wilkinson	Lumsdon	Hackney ¹	Garner	Graham	Anyinsah	Howarth	Arnison	Carlton	Gall (P11)	McDermott	D Foster
Bridge-Wilkinson	Lumsdon	Hackney	Garner ¹	Graham	Anyinsah	Howarth	Arnison (P5)	Carlton	Gall	McDermott	D Whitestone
Bridge-Wilkinson ¹	Lumsdon	Hackney ¹	Garner ¹	Graham	Anyinsah	Howarth	Arnison	Carlton (P9)	Gall (P11)	Smith	P Dowd
Bridge-Wilkinson	Lumsdon	Hackney	Garner	Graham	Gall	Howarth	Arnison	Carlton	McDermott	Smith (P8)	G Ward
Bridge-Wilkinson	Lumsdon	Hackney	Garner	Graham	Gall	Howarth	Arnison	Carlton (P10)	McDermott	Smith (P8)	A Taylor
Bridge-Wilkinson	Lumsdon	Smith	Carlton	Graham	Anyinsah	Howarth	Arnison	Garner (P9)	Gall (P11)	Hackney (P5)	J Moss
Bridge-Wilkinson	Lumsdon	Smith	Garner	Graham	Gall	Howarth	Arnison	Carlton (P11)	Joyce	Hackney (P8)	N Miller
Bridge-Wilkinson	Lumsdon	Hackney ¹	Garner ¹	Carlton	Anyinsah	Howarth	Murphy	Graham (P10)	Gall (P9)	Smith	S Attwell



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Clubstats

Goal tally

League 25	Carling 1	FA 1	JPT 4	Total 31
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Form Guide

Home		F-A
Nov 13 Stockport County	(JPT AQF)	0-3
Nov 10 Grimsby Town	(FA1)	1-1
Nov 3 Leeds United	(CC1)	3-1
Oct 20 Gillingham	(CC1)	2-0
Oct 9 Chester City	(JPT2)	4-2
Oct 6 Millwall	(CC1)	4-0
Won 4, Drawn 1, Lost 1, F14, A7		

Away

Nov 24 Brighton	(CC1)	2-2
Nov 20 Grimsby Town	(FA1R)	0-1
Nov 6 Luton Town	(CC1)	0-0
Oct 27 Southend United	(CC1)	1-0
Oct 13 Yeovil Town	(CC1)	1-2
Oct 2 Hartlepool	(CC1)	2-2
Won 1, Drawn 3, Lost 2, F6, A7		

First Goal

Played - 22
 Carlisle United score first goal - 14
 Opponents score first goal - 7
 No goals scored - 1

United score first goal and win - 9
 United score first goal and draw - 3
 United score first goal and lose - 2
 United fail to score - 5

Opponents score first goal and win - 4
 Opponents score first goal and draw - 2
 Opponents score first goal and lose - 1
 Opponents fail to score - 8

Is it that time already!

	0-15	16-30	31-45	46-60	61-75	76-90
Conceded	1	4	2	6	5	4
Scored	4	4	9	7	4	3
First Half Record	Played 22 Won 10 Lost 5 Drawn 7			Second Half Record		
				Played 22 Won 7 Lost 8 Drawn 7		

Pick a card, any card

	League		Cup		Total	
	Y	R	Y	R	Y	R
Garner	7	0	1	0	8	0
Hackney	0	0	1	0	1	0
Aranalde	2	0	0	0	2	0
Lumsdon	1	0	1	0	2	0
Worley	1	0	0	0	1	0
Raven	3	0	0	0	3	0
Livesey	2	0	0	0	2	0
Carlton	1	0	0	0	1	0
Anyinsah	1	0	0	0	1	0
Westwood	1	0	0	0	1	0
Bridge-Wilkinson	1	0	0	0	1	0
Club Total					23	0

Goalkeepers

	League	Carling Cup	FA Cup	JPT	Total
Gill	1	0	0	2	3
Graham	7	1	0	1	9
Livesey	2	0	0	0	2
Garner	7	0	0	0	7
Anyinsah	1	0	0	0	1
Bridge-Wilkinson	2	0	0	1	3
Hackney	4	0	0	0	4
Aranalde	0	0	1	0	1
Own Goal	1	0	0	0	1
Club Total					31



They all count

How We Created the Goals

Free Play 20	Corner 5	Free kick 3	Penalty 3	Total 31
--------------	----------	-------------	-----------	----------

How We Have Scored the Goals

Headers 5	Penalties 3	Own Goals 0	Shots 22	Free kicks 1	Total 31
-----------	-------------	-------------	----------	--------------	----------



SHARP SHOOTERS

Player	Team	Lge	Cup	Ttl
Adam Boyd	L Orient	7	3	10
Jermaine Beckford	Leeds	10	0	10
Andy Kirk	Northampton	8	2	10
Danny Graham	Carlisle	7	2	9
Paul Furlong	Luton	5	4	9
Craig Davies	Oldham	6	3	9
Luke Rodgers	Port Vale	7	2	9
Richard Barker	Hartlepool	6	3	9
Nicky Forster	Brighton	7	2	9

WHERE TO SEE GOALS (By Ground)

Ground	Home Team	M	Gls	G/Mt
Leyton Stadium	L Orient	8	26	3.25
The Memorial Stadium	Bristol Rvs	8	23	2.88
Roots Hall	Southend	8	23	2.88
Withdean Stadium	Brighton	9	25	2.78
Elland Road	Leeds	8	22	2.75
Fitness First Stadium	Bournemouth	9	24	2.67
Priestfield Stadium	Gillingham	9	24	2.67
Kenilworth Stadium	Luton	9	24	2.67
Victoria Park	Hartlepool	8	21	2.62
The Den	Millwall	9	23	2.56
County Ground	Swindon	9	23	2.56
Keepmoat Stadium	Doncaster	8	20	2.50
The Galpharm Stadium	Huddersfield	9	21	2.33
Vale Park	Port Vale	9	21	2.33
Whaddon Road Ground	Cheltenham	9	20	2.22
Sixfields Stadium	Northampton	9	20	2.22
Brunton Park	Carlisle	7	15	2.14
Bescot Stadium	Walsall	8	17	2.12
The Alexandra Stadium	Crewe	8	17	2.12
City Ground	Nottm Forest	9	19	2.11
Prenton Park	Tranmere	9	19	2.11
Hulsh Park	Yeovil	8	16	2.00
Boundary Park	Oldham	7	14	2.00
Liberty Stadium	Swansea	8	13	1.62

TEAM LEADERS

Team with the most..

shots on target 133 Bournemouth. **shots off target** 115 Northampton. **corners** 115 Swansea. **hit woodwork** 7 Nottm Forest. **offsides** 73 Port Vale. **fouls** 241 Southend. **yellow cards** 36 Leeds. **red cards** 3 Southend.

PLAYER POWER

Player with the most..

Shots 52 Jermaine Beckford (Leeds). **Shots on target** 31 Craig Davies (Oldham). **Shots off target** 31 Bradley Johnson (Northampton). **Assists** 6 Andy Holdsworth (Huddersfield). **Crosses** 68 Max-Alain Gradel (Bournemouth). **Offsides** 34 Luke Rodgers (Port Vale). **Fouls** 48 Tresor Kandol (Leeds). **Free-kicks won** 56 Joe Garner (Carlisle).



2007/08 SEASON



GOAL COUNTER 490

RIGHT FOOT 275 goals



LEFT FOOT 100 goals



HEADERS 109 goals



Own goals 6 (1.2%), Other body part 0 (0%)

QUICK-FIRE GOALS

From the start of a match

Richard Lambert (Luton vs Bristol Rovers) 1:47

By a substitute after coming on

Alex Russell (Northampton vs Oldham) 0:58

DISCIPLINARY



2.8 cards per match



0.2 cards per match

QUICK-FIRE CARDS

From the start of a match

Sean Thornton (L Orient vs Hartlepool) 0:53

By a substitute after coming on

Sofiene Zaaboub (Swindon vs Bristol Rvs) 3:06

SUB TOTALS

Subs used976

Offsides1216

Corners2225

Shots Off Target2151

BEAT THE TRAFFIC

Total number of goals you would have missed by leaving every match ten minutes early

0 9 1

In the Coca Cola Football League

One this season there have been

2257 shots on target, goals

constitute 21.7% of all shots

(doesn't include own goals). The

woodwork has come to the

rescue of the defending side

on 83 occasions

(the biggest beneficiaries

being Crewe 11). There have been

49 penalties awarded this

season and of those 42 have

been scored (a success rate of

85.7%). Bristol Rvs have been

awarded most penalties - 5.

Swansea have given most

penalties away 4. The team to

score the most penalties is

Bristol Rvs 5. Swansea missed

1 penalties in the Coca Cola

Football League One this season.

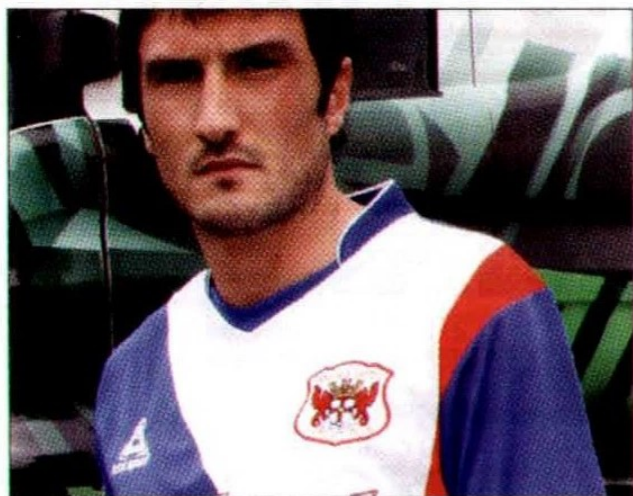
RESULTS

How many times each result has occurred this season - home sides score shown first

0-0	14
0-1	21
0-2	9
0-3	5
0-4	-
0-5	1
1-0	20
1-1	29
1-2	17
1-3	4
1-4	2
1-5	-
2-0	17
2-1	23
2-2	9
2-3	3
2-4	1
2-5	-
3-0	6
3-1	6
3-2	4
3-3	-
3-4	-
3-5	-
4-0	3
4-1	5
4-2	2
4-3	-
4-4	-
4-5	-
5-0	1
5-1	-
5-2	-
5-3	-
5-4	-
5-5	-

*up to and including 28/11/2007

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WE WOULD LIKE TO TAKE THIS OPPORTUNITY TO, ONCE AGAIN, THANK ALL OF OUR PLAYER AND KIT SPONSORS FOR THE 2007 / 08 SEASON.

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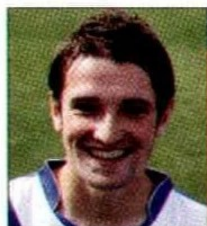
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DARREN CAMPION

Age: 19
Position: Defender
Previous Clubs:
Birmingham City
Sponsored by:
**Leathes Head Hotel,
Borrowdale**



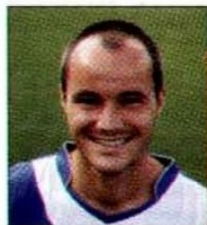
GED DALTON

Age: 17
Position: Midfielder
Previous Clubs:
Scarborough
Sponsored by:
**FourFourTwo and
EA Sports**



JOE GARNER

Age: 19
Position: Striker
Previous Clubs: Blackburn
Sponsored by:
**David Allen
Chartered Accountants**



DAVID RAVEN

Age: 22
Position: Defender
Previous Clubs:
Liverpool, Tranmere
Sponsored by:
Solid State Security



KEIREN WESTWOOD

Age: 23
Position: Goalkeeper
Previous Clubs:
Manchester City, Oldham
Sponsored by:
Makiko Kato Brookes



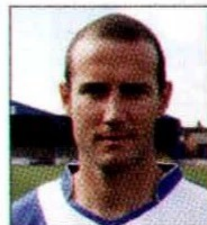
MARC BRIDGE-WILKINSON

Age: 28
Position: Midfielder
Previous Clubs: Port Vale,
Carlisle (loan) Bradford,
Stockport, Derby
Sponsored by:
Stephen Irving



ZIGOR ARANALDE

Age: 34
Position: Left Back
Previous Clubs: Sheffield
Wednesday, Walsall
Sponsored by:
Jessica Lang



PETER MURPHY

Age: 27
Position: Defender
Previous Clubs:
Blackburn, Halifax
Sponsored by:
Pioneer Foods



DANNY LIVESEY

Age: 22
Position: Centre Half
Previous Clubs:
Blackpool, Bolton, Notts
County, Rochdale
Sponsored by:
Messengers Coaches



CHRIS LUMSDON

Age: 27
Position: Central Midfield
Previous Clubs: Barnsley,
Blackpool, Crewe,
Sunderland
Sponsored by: Lord Clark of
Windermere and Catherine Clark



KEVIN GALL

Age: 25
Position: Striker
Previous Clubs: Newcastle,
Bristol Rovers, Yeovil
Sponsored by:
Advanced Paving





DANNY CARLTON

Age: 23
 Position: Striker
 Previous Clubs: Morecambe
 Sponsored by: **Sophie and Michael Cairns (Blackpool)**



PAUL THIRLWELL

Age: 28
 Position: Midfielder
 Previous Clubs: Sunderland, Sheff Utd, Swindon, Derby
 Sponsored by: **CUSC**



LUKE JOYCE

Age: 20
 Position: Midfielder
 Previous Clubs: Wigan
 Sponsored by: **Anne Kenny Childminding Services**



ADAM BRADLEY

Age: 19
 Position: Goalkeeper
 Previous Clubs: Trainee
 Sponsored by: **D&D McWilliams Opticians**



PAUL ARNISON

Age: 30
 Position: Right Back / Right Midfield
 Previous clubs: Hartlepool, Newcastle
 Sponsored by: **Pete Blue**



JEFF SMITH

Age: 27
 Position: Midfielder
 Previous Clubs: Preston, Scunthorpe, Bolton, Port Vale, Rochdale, Macclesfield, Newcastle
 Sponsored by: **Mike Cairns (Blackpool)**



NEALE MCDERMOTT

Age: 22
 Position: Midfielder
 Previous Clubs: Newcastle, Fulham, Swindon, Darlington
 Sponsored by: **Kristina Carr and Mark Townsley**



SIMON HACKNEY

Age: 23
 Position: Attacking Midfield
 Previous Clubs: Woodley Sports
 Sponsored by: **Bob's Bargains CUSC Away Travel**



CHRIS HOWARTH

Age: 21
 Position: Goalkeeper
 Previous Clubs: Oldham, Bolton
 Sponsored by: **Helen, Alex and Lauren Haley**



DAN KIRKUP

Age: 19
 Position: Defender
 Previous Clubs: Trainee
 Sponsored by: **Richard Oliver**



SHAUN VIPOND

Age: 18
 Position: Midfielder
 Previous Clubs: Trainee
 Sponsored by: **cufconline**



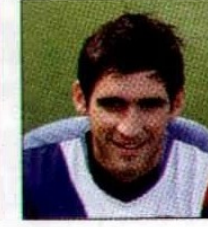
STEVE HINDMARCH

Age: 18
 Position: Striker
 Previous Clubs: Trainee
 Sponsored by: **Peter Rainey**



GARY MADINE

Age: 17
 Position: Striker
 Previous Clubs: Trainee
 Sponsored by: **Helen, Alex and Lauren Haley**



DANNY GRAHAM

Age: 22
 Position: Striker
 Previous Clubs: Derby, Blackpool, Leeds, Middlesbrough
 Sponsored by: **Alaric and Carol Dickinson**

Football in the community



Good evening and welcome to tonight's game against Swindon Town.

During the October holiday the Community project ran three soccer schools in Wigton, Penrith and Carlisle.

Our Best Attitude and Penalty King winners were as follows:

Penrith; Best Attitude: Joe Usher, Reece Simpson, Andrew Renney.

Penalty King: Kerran Cotterall, Connah Rutherford, Lewis Ridley.

Carlisle; Best Attitude: Jack Freshwater, Stephen Barker, Luke Suniga, Liam Watson, Jack Cleminson, Jay Nicholson.

Penalty King: Tom Kelton, Jamie Barbour, Charlie McSkeane, Hope Lawson, Adam Harker, Ellis Watson.

Wigton; Best Attitude: Conor Mason, Theo Manihera, Kyle Hetherington, Raif Johnston, Robert Graham.

Penalty King: Liam Lightfoot, Nathan Nelson.

James Fisher, Josh Nicholson, Hugh Hodgson

Congratulations to all of the boys and girls.

The Football in the Community project will be running the Football League Community Cup for U13 girls on Wednesday 23 January at The Sands Centre, Carlisle. I will be giving you more details of this competition in future columns.

During the Christmas holiday period the Community project will be running a 2-day soccer camp at Brunton Park.

This activity will be open to both boys and girls aged between 8-10 years, and will run from Friday 21 December until Saturday 22 December, and all of children will attend the Saturday home match against Swansea City FC.

Up The Blues.

Halpy



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ClubNews



BUY YOUR HALF-YEAR SEASON TICKET READY FOR THE NEW YEAR NOW!



HALF SEASON TICKET

Tickets start from the Hartlepool game on Tuesday 1 January 2008, and will include the rearranged Nottingham Forest Game.

This offer includes:

A £10 gift voucher for use in the Blues Store or BS2. Become a Member of Carlisle United for the rest of the season and get your hands on a half price calendar and a copy of the 2 disc DVD set of the CUFC 2006 / 2007 season for just £5!

Application forms can be obtained at Brunton Park or BS2 and must be returned to the Main Ticket Office by Friday 14 December.

For further information please contact the ticket office on 01228 526 237 (option 1).

Prices:

Adult Seat: £220
Senior Seat: £150
Junior Seat: £100
Child Seat: £35

Adult Standing: £175
Senior Standing: £125
Junior Standing: £90
Child Standing: £25

Northampton Town v Carlisle United
Sixfields Stadium
Saturday 8 December
Kick Off 3pm

Tickets for the away game v Northampton Town are on sale, from the Main Ticket Office, as follows:

Tuesday 4 December - Thursday 6 December, from 10am - 5pm, from the Main Ticket Office.

Friday 7 December from 10am - midday, from the Main Ticket Office.

Prices:

Adults: £19
Senior (60+): £15
Students with valid ID: £15
Juniors under 16: £12
Juniors under 7: Free
Adult disabled: £13
Junior disabled: £10
Carer: Free

Ways to buy your tickets:

In person - Queue at the ticket office at Brunton Park, please bring your membership card with you on the correct day.

You can pay cash, cheque with guarantee card or debit card. Credit cards have an additional £1 charge per transaction.

Post - send in a cheque for correct amount, covering letter stating the age criteria you wish to purchase, include your membership number for advance sale and stamped addressed envelope for return.

Please note: To post tickets out from a phone order incurs an additional charge of 50p and all credit cards used will incur a £1 surcharge.

The last day tickets will be posted is 5pm on Tuesday 4 December 07.

Phone - ring the ticket office 01228 526 237 option 1 at the designated times and pay with a credit / debit card.

Please have your membership number with you so your records can be checked before processing your payment.

Blues Travel will be running a coach to this game. The coach departs Wigton at 7.15am, picking up at Brunton Park at 8am, Penrith Station at 8.20am and Crooklands at 9am.

Prices are £17.50 for adults and £15.50 for concessions.



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Centre of Excellence



Since the last notes we've had a set of fixtures against Preston and another against Rochdale.

The games against Preston were very competitive, as you would imagine. The younger end did really well results wise and we had some very close games. There weren't any runaway scorelines in any of the fixtures, so that was pleasing.

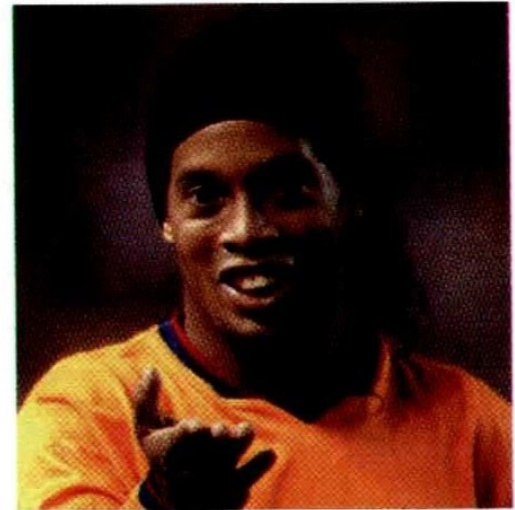
Against Rochdale we came out on top in most of the games, although we did have a problem with some of the away games suffering from a waterlogged pitch at Salford University.

We had a blank week last weekend but the fixtures resume on Sunday 2 November, when we face Blackpool for the second round of the fixtures this season.

I came across these quotes from some of the best footballers in the world, on how they learned to play football. I have to say, the quote from Puskas made me smile.

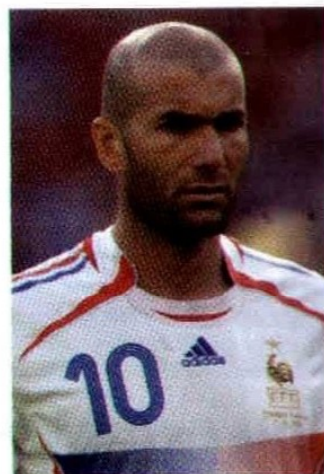
Zinedine Zidane: "Everything I have achieved in football is due to playing in the streets with my friends."

Ronaldinho: "I spent a lot of time training at Gremio. After training I went to play futsal. After that I'd play with my friends in the streets and when I got home I played with my brother. My life is football and always has been."



Stanley Matthews: "I'd make for a piece of waste ground opposite our house, where the boys from the neighbourhood gathered for a kick-about. Coats would be piled for posts and the game would get under way. In fine weather it would be as many as 20-a-side, in bad weather a hardened dozen or so made it 6-a-side. We never needed a referee. We accepted the rules of the game and stuck by them. It taught us that you can't go about doing what you want and if you don't stick to the rules, you spoil it for everyone else. Those games prepared us for life."

Ferenc Puskas: "I am grateful to my father for all the coaching he did not give me."



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YouthTeam

update



Eric Kinder spoke to us about the 4-1 away win over Mansfield Town:

"I can't be anything else but absolutely delighted tonight.

We have achieved our aim. We set out at the beginning of the year to get to the third round of the Youth Cup and have a bash at an Academy side. Now we've got that wish.

I felt we were a little bit nervous in the first ten minutes, which was understandable. It was a big game for the lads and they had to settle down quickly. They didn't settle down quickly enough for my liking, but they are saying in the dressing room that I'm a hard task master. If that's the case then fine, I don't mind that, because we are all on a big roll at the moment.

After a bit of a nervy start we got in front through Andrew Cook. His work rate is phenomenal and he puts players under pressure. He knows he's a clumsy 'so and so' but he's effective. He got the first one, then he helped himself to a second one just before half time, which was crucial for us.

I said to them at half time that the next goal was important. Low and behold within two minutes they were back in the game at 2-1. We'd got a bit cocky at half time thinking we'd done the business, and we hadn't, so we need to learn from that.

Then Gary Madline scored with a fantastic finish and Andrew Cook rounded it off with his hat-trick, and it made it a really good night for us.

The centre forwards have done the business again. They'll get all the praise, of course they will, but our defence is looking strong and we don't give goals away any more. Their goal was a poor one, we didn't close it down, but that's me being really picky and the lads fully deserved their victory tonight.

If you look over our last ten results, they are really flying and credit to them. There are some good footballers in this group and, like I keep saying, there are some young ones in there. Let's hope they can keep their feet on the floor and we can get to Christmas

still in this competition. If we can then we will have a great New Year in front of us."

UNITED: Mitchell, Brown, Duffy, Aldred, Blake (Dowson 80), Dalton (Seaton 75), Wood (Lakeland 51), Hindmarch, Tinnion, Cook, Madline. Subs - Jamieson.

Puma Youth Alliance Tables

	Pld	W	D	L	For	Ag't	Pts
Bury	12	9	1	2	36	27	28
Wigan Athletic	12	7	3	2	21	11	24
Carlisle United	12	7	2	3	26	17	23
Blackpool	12	7	2	3	29	24	23
Preston North End	12	7	1	4	32	21	22
Walsall	11	6	3	2	29	14	21
Burnley	12	7	0	5	28	21	21
Wrexham	11	6	3	2	15	10	21
Oldham Athletic	12	6	1	5	26	26	19
Macclesfield Town	11	4	3	4	19	15	15
Port Vale	12	4	3	5	19	18	15
Stockport County	12	4	2	6	16	24	14
Tranmere Rovers	12	3	4	5	17	20	13
Chester City	12	3	4	5	14	17	13
Shrewsbury Town	12	2	2	8	10	30	8
Morecambe	11	2	1	8	21	28	7
Rochdale	12	1	3	8	22	34	6
Morecambe	12	1	2	9	13	36	5

Fixtures

Sat Aug 18	12pm	Walsall	A	3-2
Sat Sep 1	11am	Accrington Stanley	H	2-2
Sat Sep 8	11am	Preston North End	A	2-3
Sat Sep 15	11am	Bury	H	2-2
Sat Sep 22	11am	Oldham Athletic	A	1-2
Sat Sep 29	11am	Blackpool	A	2-1
Sat Oct 6	11am	Rochdale	H	3-1
Sat Oct 13	11am	Burnley	A	0-3
Sat Oct 20	11am	Darlington (NC 1)	A	4-0
Sat Oct 27	11am	Morecambe	H	4-0
Fri Nov 2	12pm	Oldham Athletic	H	4-1
Sat Nov 10	11am	Bury	A	2-0
Sat Nov 17	11am	Rochdale	A	1-0
Sat Nov 24	1pm	Chesterfield (NC2)	H	5-2
Tue Nov 27	7pm	Mansfield (FAYC)	A	4-1
Sat Dec 1	11am	Blackpool	H	Training pitch
Sat Dec 8	11am	Morecambe	A	
Sat Dec 15	11am	Burnley	H	Training pitch
Sat Jan 5	11am	Chester City	H	Training pitch
Sat Jan 12	11am	Accrington Stanley	A	
Sat Jan 19	11am	Preston North End	H	Training pitch
Sat Jan 26	11am	Macclesfield	A	
Sat Feb 2	11am	Stockport County	H	Training pitch
Sat Feb 9	12.30	Shrewsbury Town	A	
Sat Feb 16	12pm	Port Vale	H	Training pitch
Sat Feb 23		Nth Cup 3		
Sat Mar 8	11am	Chester City	H	Training pitch
Sat Mar 15	12pm	Wrexham	A	
Sat Mar 29	11am	Wigan Athletic	H	Training pitch
Sat Apr 5	12pm	Walsall	A	
Sat Apr 19	11am	Tranmere Rovers	H	Training pitch

new balance

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CRUMB&

SUPPLYING THE
YOUTH TEAM

Captain's diary

Bury was a good game for us. We got a lucky goal through Ged Dalton, when he put a cross in and it looped in to the top corner. He said he meant it, but we weren't too sure. It was an important goal, though, because we had been playing well and it gave us a deserved lead.

We got another goal late on, a corner from Connor Tinnion and a header from Andy Cook, and that just about sealed things for us. They had a couple of shots that Alex Mitchell did really well with, and he also dealt with a few one on one situations, so it certainly wasn't an easy game for him. Bury are top of the league and were on a really good run, so it was a very good win for us.

Confidence in the dressing room is really high now. We are winning games and keeping clean sheets, and things have really come together for us. We had only let one goal in from six games until this weekend's cup game, and that's something that we can build on and move forward with. Earlier in the season we were conceding quite a lot, so it's really great that we've tightened that up now.

We played Stockport in the first round of the FA Youth Cup, and that was a good result because we were down to ten men for most of the game. Dan Wordsworth was sent off and yet we still kept a clean sheet, and that was down to the hard work that everyone put in.

We were supposed to play the next round, away at Mansfield, last week but it was called off because the pitch was waterlogged, which was disappointing. I'm doing these notes before the rescheduled game is played, but we are all hoping that we can get something from it because we want to get through to the next round and take on Sheffield Wednesday here at Brunton Park.

We had another cup game last weekend. That one was the Youth Alliance Cup and we beat Chesterfield 5-2. It was a good result, although we were a bit disappointed to concede the two goals. Andy Cook scored a great goal at the end though, and we were all pleased to see that. He'll probably go on about it for the next few weeks, but it was a very good run and finish, so full credit to him for doing what he did.

I think we are all enjoying the cup games. We know we have more of a chance of going forward in the Youth Alliance Cup, because the FA Youth Cup has the big teams coming in, but in that one you have the chance of playing one of the really big teams.

When the Youth team went down to play Liverpool a couple of years ago I was lucky enough to go down with them. Dan Wordsworth and I didn't get on, Matthew Wood and Steve Hindmarch did, but even being in the squad was an unbelievable experience and one I'll always remember. We would all love the chance to visit one of the big stadiums again, so we'll definitely be doing our best to stay in the competition for as long as we can.

We don't have that many games now before our Christmas break. It is nice to get a break like that but, to be honest, none of us want to stop playing. We'd all prefer to have a few games lined up so that we can keep the momentum going, but that's the way it is and we'll just get on with it.

If we keep picking up the results then Eric has promised to talk to us, after Christmas, about whether we want to make a real challenge to try and win the Youth League. It goes without saying that we all want to give it our best shot, so we'll have to see what he says.

I'll keep you informed.

Enjoy the Game.



HE'LL PROBABLY GO ON ABOUT IT FOR THE NEXT FEW WEEKS, BUT IT WAS A VERY GOOD RUN AND FINISH, SO FULL CREDIT TO HIM FOR DOING WHAT HE DID



This page is sponsored by Mr Robert H William from Ayrshire



InReserve



I DO HOPE THEY ENJOYED THE NIGHT, AND ENJOYED PLAYING ON THE FIRST TEAM PITCH, AND I HOPE THEY CAN TAKE SOMETHING OUT OF IT FOR THEIR LEAGUE PROGRAMME FOR THE REST OF THE SEASON

UNITED 7 - 0 KIRKOSWALD

Reserve Boss Eric Kinder gave us his thoughts after the game:

"We had no idea what sort of opposition we were going to come up against.

We knew that they were a local team, and it was great for them to be able to come and play on the first team pitch. We do try and pride ourselves in being professional in every match, and I think that's what we were in this game. They had a decent following and were desperate to score a goal.

Part of me wanted them to score, just to give their fans, who were noisy all night, something to cheer about, but that thought only lasted a couple of seconds, because we have to be better than that. I thought the senior players did extremely well. They got 90 minutes under their belt, I didn't take any of them off. They have led by example. The young lads, at 16 and 17, have come up against a men's team and they have coasted through it.

Luke Joyce showed his goalscoring skills from midfield. He ended up with a hat-trick and was quick to get in to the positions we are looking for our centre forwards to end up in.

Gary Madine got two, but he'll be a little bit disappointed with that, as he sets himself high standards and he'd like to have got more. He can't have it all his own way all the time, though, and he ended up with two good finishes.

Matt Duffy then ran with the ball, selected the right time to pass, and it came back to him and he crashed a fantastic goal in. The only problem with him scoring is that I'll have to listen to him now, for the next three weeks, or even the next three months, because he'll never let me forget it.

Overall it was easy for us. We are not going to say we've had a 7-0 victory and it was hard work, because it wasn't. We controlled the game against a local side, and we should win 7-0 against

sides like that.

I do hope they enjoyed the night, and enjoyed playing on the first team pitch, and I hope they can take something out of it for their League programme for the rest of the season."

UNITED - Howarth, Arnison, Aldred, Wordsworth (Brown 56), Duffy, Dalton (Tinnion 62), Joyce, McDermott, Vipond, Hindmarch (Cook 74), Madine.
Subs - Carson, Brown, Blake.

Division One West									
	Pld	W	D	L	F	A	GD	Pts	
1 Preston North End	11	6	2	3	28	20	+8	20	
2 Morecambe	9	5	3	1	18	10	+8	18	
3 Burnley	8	5	1	2	17	10	+7	16	
4 Blackpool	8	4	2	2	18	10	+8	14	
5 Tranmere Rovers	8	4	1	3	7	8	-1	13	
6 Accrington Stanley	10	4	1	5	17	20	-3	13	
7 Chester City	9	4	1	4	11	19	-8	13	
8 Manchester City	8	3	1	4	17	16	+1	10	
9 Bury	9	2	3	4	11	14	-3	9	
10 Carlisle United	7	2	2	3	13	14	-1	8	
11 Wrexham	6	1	2	3	7	14	-7	5	
12 Rochdale	9	1	1	7	13	22	-9	4	

Fixtures			
22-Aug Wed	19:00	Morecambe	H 1-2
27-Aug Mon	14:00	Wrexham	A Postponed
5-Sep Wed	14:00	Wrexham	A 2-2
11-Sep Tue	14:00	Tranmere Rovers	H 3-0
19-Sep Wed	19:00	Burnley	A Postponed
26-Sep Wed	14:00	Chester City	H 2-4
10-Oct Wed	19:00	Accrington Stanley	A 2-4
24-Oct Wed	19:00	Preston North End	H 2-1
31-Oct Wed	14:00	Bury	A 1-1
14-Nov Wed	19:00	Kirkoswald (Cumb Cup)	H 7-0
28-Nov Wed	14:00	Blackpool	H
4-Dec Tue	14:00	Manchester City	A Postponed
12-Dec Wed	19:00	Rochdale	H
19-Dec Wed	19:00	Morecambe	A
9-Jan Wed	14:00	Wrexham	H
16-Jan Wed	14:00	Chester City	A
22-Jan Tue	19:00	Accrington Stanley	H
5-Feb Tue	14:00	Preston North End	A
20-Feb Wed	14:00	Bury	H
27-Feb Wed	14:00	Rochdale	A
19-Mar Wed	19:00	Blackpool	A
26-Mar Wed	19:00	Manchester City	H
9-Apr Wed	19:00	Tranmere Rovers	A
23-Apr Wed	19:00	Burnley	H



Getting to know you...

Neale McDermott

Quickfire

White chocolate or Dark Chocolate: White
White bread or brown bread: White
Sports drink or water: Sports drink
Wear a wig or go bald: Wig
Liverpool or Newcastle: Newcastle
Shoot at the Waterworks or shoot at the Warwick: Waterworks
Take the pens or leave them to someone else: Take them
Ronaldinho or Messi: Messi
Guitar or Drums: Drums
Danny Carlton's goal v Leeds or MBW's: Bridgey's

Have you ever...?

Been to a great gig?

No, I don't go in for that sort of thing. I've no interest in it whatsoever.

Seen something brilliant on the pitch?

That's difficult off the top of my head. Out of our lot I would say Joe Garner's goal against Port Vale. That was pretty special and probably the best since I've been here - along with Karl and Jeff's effort's against Donny.

Seen something shocking on the pitch?

Yes, actually, and the Swindon fans might remember this because it was while I was with them. I think we were playing Port Vale and the keeper came sprinting out to head the ball away, except he completely misjudged the bounce of the ball and it flew right over his head. The striker simply jogged round him and tapped it in.

Cried?

No I'm not a crier. Not at weddings or films or anything like that. I think the closest I usually get is a lump in the throat moment.

Had a bust-up with a team mate?

Oh yeah. I have to say Fulham was the place for that. There were a few training ground spats, but nothing really serious.

Done something you wish you hadn't?

Oh crikey ... err, maybe gone out with a few lasses I should have avoided.

Stolen something?

Absolutely not!

In General

You played for the England youth team when you were younger, what was that experience like?

Oh fantastic. I think that's the proudest moment, the greatest achievement you could possibly have as a player - playing for your country. No matter what level it's at either. I played at youth level, but it is still something I'm very, very proud of.



Having seen what has happened to the national side recently, would you agree that we are struggling to produce good young players?

Well, that's difficult. For example, go and ask all the England fans to go through the two teams, Croatia and England, and match up the players. Who would you want, our right back or their right back? If you do that right throughout the team then, in the end, they'd all pick more English lads than Croatian, so I don't really think that's the problem, no. When I was in the Newcastle Academy there weren't loads of foreign lads. Almost all of the lads I played with were English. That said, I watch TV now, and there is a channel called 'Liverpool TV' and I watch that and an awful lot of their reserves and young lads are foreign. Is that doing us any good? It must be disheartening for the young players and the scouts but if Liverpool are bringing them over then they are probably better than our lads, so what are they meant to do? It's a difficult situation.

Is it difficult to make your way in the game as a young man with a footballing father?

Maybe, but then I've never experienced what it's like to play without a famous Dad, so I honestly don't know. All I can say is that that's the way it was for me. I just got on with it and I take it all with a pinch of salt now.

As a young player you had a spell on loan at Swindon. Did you enjoy that?

I really enjoyed it, yeah. We were struggling a bit near the bottom of the league when I was there, but I still thoroughly enjoyed it. My favourite game was when we beat Bristol City, because I scored my first ever goal - and it was on SKY too. I seem to remember it being quite a big game because they weren't having a good time of it either, and it is a little bit of a derby game too. I seem to remember the fans enjoyed it anyway! I actually had the opportunity to stay for the whole season at the end of my loan spell, but I didn't and I've always felt I was badly advised on that. If I had my time over again I would definitely have stayed.

You had a few of those loan spells - does it get to



the point where they stop being beneficial and you just want to settle at a club?

Absolutely. It's very unsettling after a while. It gets to the point where you just want to find a club and stay there if you can.

You got that here and towards the end of last season you started to really show what you could do. Is that something you want to build on?

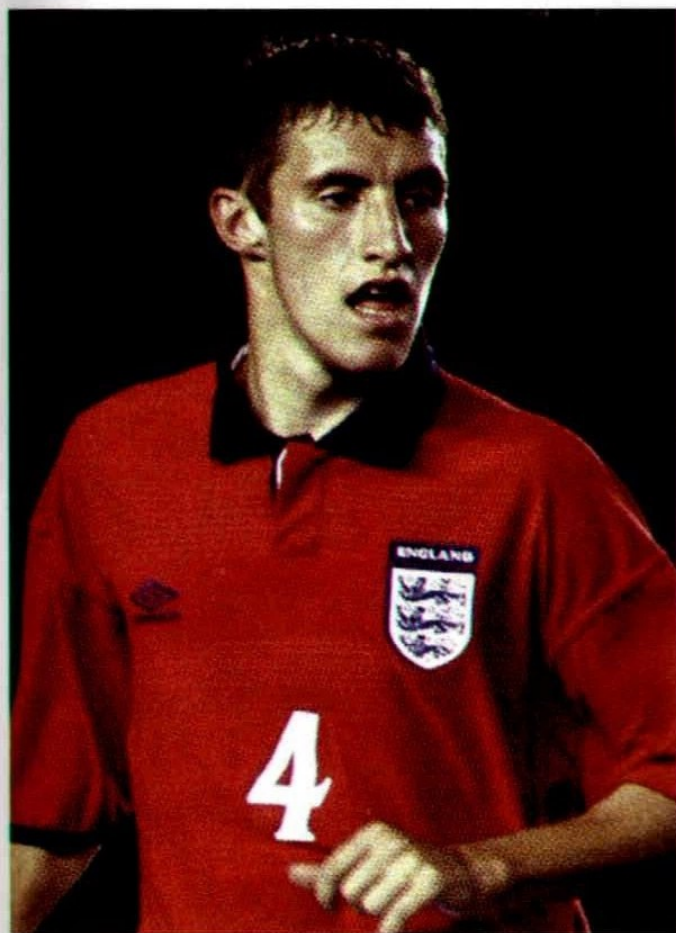
I've wanted to play more games this season obviously. So far that hasn't happened and when you look at where we are and what the boys have done then that's the reason why. All I can do is keep working hard, because the league table doesn't lie. I've got to stick at it and when I get my chance, take it.

You've had to play a lot of reserve games recently, however all our lads seem to take it seriously and play those games as professionally as they can?

Exactly, and it's important we do because we're all in the same boat, whether that be me Joycey, Chris Howarth, whoever. Let's be honest those aren't the games you want to be playing in, but those are the ones we're in at the minute and the ones we can impress in, so it's very important we do it properly and try to put pressure on the lads in the first team.

You mentioned once that you liked a day at the races. Have you had any big winners recently?

No not recently, but you're right, I do like a day at the races. It's very enjoyable, so instead of the gig I'll go there. Bushead is actually the one who thinks he's the dressing room tipster, but let me tell you ... he's absolutely rubbish!



I ACTUALLY HAD THE OPPORTUNITY TO STAY FOR THE WHOLE SEASON AT THE END OF MY LOAN SPELL, BUT I DIDN'T AND I'VE ALWAYS FELT I WAS BADLY ADVISED ON THAT



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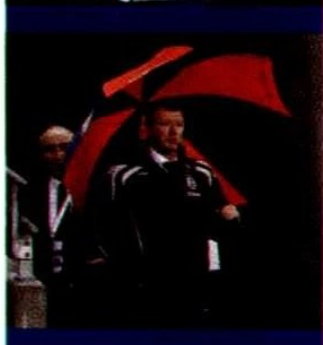
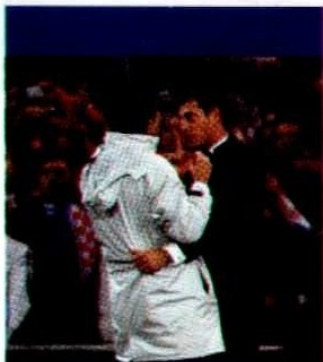


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SOME OBSERVERS WILL POINT THE FINGER SQUARELY AT MCCLAREN AND BELIEVE THAT A JOSE MOURINHO OR A MARTIN O'NEILL COULD TURN THIS SQUAD INTO A POWERFUL MACHINE ABLE TO COMPETE WITH THE VERY CREAM OF EUROPEAN AND WORLD TALENT



There is a time and a place for gambling and taking huge risks.

And almost a fortnight ago at Wembley with the rain pouring and England needing a positive result to qualify for Euro 2008 was neither.

Just what was beleaguered boss Steve McClaren thinking? Did he really want to remain as coach of the national team? Or was his teamsheet the equivalent of writing a suicide note?

Only the wildest manager would have selected young Aston Villa keeper Scott Carson to make his debut in the crunch qualifier at home to Croatia. Tottenham stopper Paul Robinson paid the price for some indifferent form but asking the rookie Cumbrian to go out and do the business was always a strategy that potentially had catastrophic consequences.

Unfortunately for England fans, that potential was realised to the maximum as Whitehaven-born Carson virtually threw the ball into his own net to hand the technically-gifted Croats an early lead.

From then, things went from bad to worse. England pulled back the deficit but the sucker-punch was a late winner that ensured they would fail to reach a tournament for the first time since 1994.

Throughout a night of torture, McClaren sheltered under his umbrella from the rain and the furious boos from a disbelieving crowd. He swigged from several water bottles, how he must have wished he was necking something a whole lot stronger.

His bosses wasted no time in delivering the expected axe and less than a dozen hours after their humiliating exit, the ex-Middlesbrough manager was telling us all that he was proud to manage the country and that this group of players were capable of success at the highest level.

I don't doubt his genuine delight at having managed England but in his heart of hearts, perhaps even he knows that the job came a few years too early for him. But I reckon he let the pampered players off the hook as he paid tribute to their ability.

Maybe he was just looking after his future and that one day some of those very players will be under his command at club level. But their role in this shambles can't be ignored.

For years this has been the 'golden generation' but that tag is now looking tired and untrue. This group of players have underachieved time and time again and they can't be given any more opportunities to fail.

Some observers will point the finger squarely at McClaren and believe that a Jose Mourinho or a Martin O'Neill could turn this squad into a powerful machine able to compete with the very cream of European and world talent.

And maybe they would. But only following long hours of hard work on the training pitch simply honing the basic skills of passing, control and keeping possession.

Sunderland manager Roy Keane felt Croatia were not better technically than England and while his view is genuine, it is one I simply can't agree with. From my vantage point, Slaven Bilic's team were far more comfortable on the ball and had the football brain to open their hosts up with three passes and a bit of patience.

England could not match that and compounded that inferiority with the mindless tactic of lumping the ball forward to beanpole Peter Crouch and hoping for the best. It was all a bit embarrassing really. Yet one star had no shame and after the World Cup draw paired England with Croatia again in the battle to reach South Africa in 2010, Newcastle United's permanently crooked striker Michael Owen opened his mouth and let his belly rumble.

He told a stunned nation that England would go out and show Croatia just who the better players are, adding that none of the Croat squad would get anywhere near the squad he occasionally features in.

After one of the worst weeks English football has endured for a long time, he would have been better keeping his thoughts to himself and not adding insult to an already serious injury.



with Peter Scholes

Statistically speaking

According to the 2001 Census the population of the city of Leeds was 715,402.

At the same time the population of Carlisle was recorded as 100,739 - some seven times smaller. If we are to also add on the population of the provincial towns within a 20 mile radius the figures for Leeds and Carlisle would just about double.

This statistic may not surprise many of you but it got me thinking. Are Leeds United as well supported as their adoring media would have us believe? Whilst they are the new 'big fish' in this league it does grate when pundits and commentators from all the major TV channels and Newspapers fawn over the level of their match day attendances.

At first glance at the attendance figures it would appear they have a point. Thirty thousand people for a league one game is indeed a sizable figure, but let's start putting things into context.

First let us compare their average attendance with our own. Many of our supporters are disappointed that we are 'only' attracting average crowds of 8000. Per head of population this equates to Leeds averaging well over 56,000 in this league - something they could not even muster in the Premiership even if ground capacity had been able to accommodate them - and we consider our current attendances poor!

Many Leeds fans on the message boards mocked Carlisle as a tiny club and referred to the game against them as our biggest game of the season. This may be true but lets consider those statistics again. With a crowd of approximately 16,500 their boast does appear to carry some weight. It is indeed a sizable figure indeed for a game against more glamorous opposition but this is the equivalent of Leeds United attracting 115,500 for a game against a team they aspire to be - let's say Man Utd. As far as I can see Leeds United have NEVER been able to boast a crowd of this magnitude.

Indeed, back in the eighties when we were in the same league as Leeds (the second tier) and crowds were notoriously low due to hooliganism the same trend is still evident in our average attendances. In 1985 during this period of terrible attendances Leeds pulled in an average of 15,000. Again, taking into account equivalent populations we should have expected no more than

2200 at Brunton Park and yet an average of over 4500 came along. If by some miracle Carlisle managed to make it to the Premier League I would expect crowds to average at least 15000. Again, this is the equivalent of Leeds attracting an average of 105,000 in the Prem. Per head of population we are far and away better supported than those fair-weather fans at Elland Road.

So how do we compare with other teams in the league? Well going by head of population compared to Carlisle, Northampton should be attracting 15000 rather than 5300. Swansea should be attracting 22000 rather than 10000. Luton and today's opponents Swindon should be getting 11000 through the gates rather than 6500 and Walsall should be getting 13000 rather than the 5500 currently paying to watch The Saddlers.

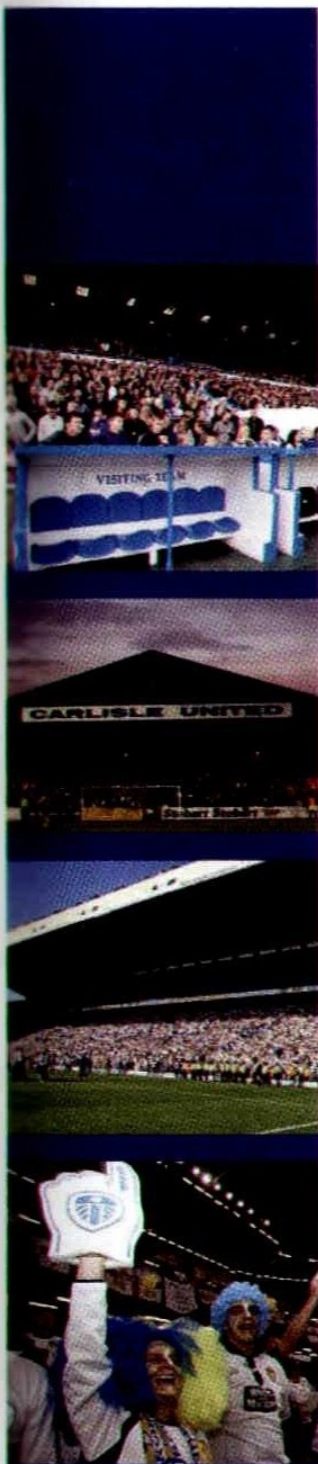
Of course these figures don't take into consideration distance travelled, away support, location, recent history, glory hunters etc, but these are all factors supposedly acting against Carlisle.

To suggest the crowd are purely from the city in question would be ridiculous but is that not the same for every club? Our supporters from Workington, Kendal, Penrith etc have to travel a damn sight further than most Leeds fans will from their satellite towns. So next time you scan the terraces at Brunton Park and turn to your mate and comment on the crowd bear in mind that, per head of population, we are one of the most loyal, passionate and consistent set of supporters you will find.

Leeds United attracts approximately 4% of the population. We attract approximately 8%.

We are twice as loyal as our Yorkshire neighbours. Some statistics make interesting reading after all don't they? So next time you are watching SKY News and they are salivating over the crowds at Elland Road take comfort from the fact that, statistically speaking, we are much better supported than they can ever dream of being.

On a final note, linked with capacities and attendances, I would be interested to know if anyone can answer the following question. Of all the football league grounds in England can any boast a greater capacity of standing terracing than at Brunton Park? With all the new developments I would be very surprised! In this age of Identikit Stadiums and all-seater stands it would a welcome honour to have.



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A Fanisa Fanisa Fan

// BUT WHAT I REALLY WANT TO KNOW IS WHEN IT ALL GOES PEAR SHAPED - WHICH IT WILL - WHO'S GETTING THE BLAME //

I'm writing this weeks fine tome from Barrow of all places! Bit of a shocker I know but from time to time needs must, and I'm trying to impress people this week by trying to get a new job.

I'm not sure how well it's going at the minute, but having been here all of 15 minutes I suspect I may have burned my bridges! The first thing they asked me to do was ask the local residents if I thought Barrow should be a part of Lancashire so, way-heh, hold your horses we were off like a shot!

In hindsight telling them that I would personally tug boat them to Iraq was probably a bad move! Still live and learn aye! They eventually got me out there and to no-one's great surprise I ended up in several heated discussions ... with people I thought I could chin if the going got a bit choppy!

Barrovian's it seems for the most part consider themselves part of Lancashire and quite frankly that's fine by me. The problem they have is that on all these hundreds of maps of Lancashire plastered on the walls - they ain't on em! It doesn't feel like Cumbria much, I can't understand the people and they all seem to wear odd socks for some reason ... a bit like going to Spain really!

I do have some sympathy with their plight though. For example how badly would we hoy the toys out of the pram were the forces of nature ever to class us as Dumfries and Gallowayshirerers! Aye I know, perish the thought. It's social theft, identity theft and for football fans that's never a good idea.

Look at the MK Dons. I'm still not having that shower. They've got a nice stadium, a new team who by all accounts are playing some good stuff. Incey has got them up the top of the League, but still and for all of time, the fans will know that they nicked someone else's outfit.

So spare a thought for poor old Ebbsfleet United, a side who under a former guise and only a couple of seasons ago our dear own Carlisle were playing in competitive league football. For you see Ebbsfleet have been bought by the 'Myfootballclub' lot. A group of people who paid £35 each and have now bought the 'fleet.' 23,000 people decided they were going to have a punt at this and as such are demanding a say in every part of the running of the club, including and this is brilliant, the picking of the team.

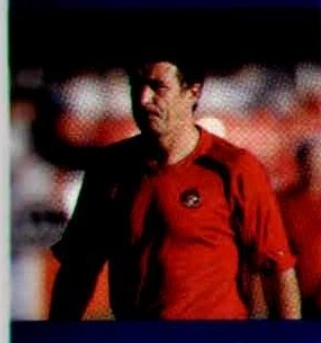
Of course it's difficult to get 23,000 down the training ground every day so manager, (loosest sense of the word) Liam Daish has to write a blog on how his players are doing in training. And by heck I'd desperately like to read that. Can you imagine it: "Jonny was a bit slack in the warm up, so Digger had a word and Jonny laid the nut in! I would suggest a place on the bench Saturday - it was a rubbish butt!" Classic!

No laughing matter if you're an Ebbsfleet fan though. For example imagine this for a second. Next time that loon in the Paddock next to you starts booing Chris Billy, (aye still), think of Ebbsfleet and realise that down there that loon is picking the team! But what I really want to know is when it all goes pear shaped - which it will - who's getting the blame.

Daisy will get the sack obviously, his blogging clearly won't have been up to standards, but other than that the only people to blame will be the fans! And so once they've had their fun, and it's all gone wrong, lets hope the 'Myfootballclubbers' realise the folly of their ways and pack up. You can change things around, alter the name, pick the team, but when all is said and done, you can't change what you are.

And fans, should definitely remain fans,

Tino



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Captain'slog

Danny Livesey continues to stand in for Thirls ...

We didn't play really well in the first Grimsby game, but I thought we did play better than some people thought.

We put a lot of pressure on them and we got the ball in to the box but, unfortunately, things didn't go our way. Then in the replay we didn't play that well at all and we didn't deserve to win on the night.

They lifted their game, as we expected, and we were ready for that, but we just didn't play the way that we can. There's not much else to say about it really, other than that we were all really disappointed with the way it panned out. That was probably the best they'd played all season and, if you look to where they are in their League, then you see that they wouldn't be there now if they played like they did against us every week.

It is frustrating in a game like that. You try to get things going but things don't work, so you try harder and then things don't work even more, because you aren't relaxed about what you are doing. You can't hide away, though, you just have to keep putting the work in. One thing we all know is the rest of the team will be putting the work in, like they always do, and you just hope that you can turn it round. In the Grimsby game it just didn't happen for us.

Against Stockport I received a head butt late on in the game, and I felt my nose go, right up at the top. It wasn't nice, I can tell you. By the time you read this I'll have been in hospital and had an operation, and that should be that sorted out. I'll have missed out on seeing the Youth result at Mansfield, but I'm hoping that they'll have done well and gone through to the next round.

It's not a big operation, just a little fix, as it's a bit restrictive at the moment, so the procedure will clear the airways and help

me breathe. Like I say, I'll be sorted by the time we kick off tonight.

It's disappointing to be out of the Cup competitions so early, as you always look forward to them. Now we have only one thing to concentrate on, and we have got to make sure that we do as well as we can in the League.

In our last League game we drove down to Manchester then flew down to Brighton, which made a nice change. I think at the end of the game we felt a bit disappointed with the result. We worked really hard and I think they only created three chances in the whole game, and they scored with two of them.

I thought their sending off affected us a little bit. We got a bit edgy and we didn't keep the ball the way we should have. That sometimes happens when you play against ten men, and we just have to learn from that.

As far as the sending off went, I saw the lad kick Joe on the floor and I don't think he can have any argument at all. I think they were arguing because they didn't like the initial tackle, but I didn't see too much wrong with that. Even if it had been, though, there is no excuse for stamping on someone, so he had to walk.

Over the course of the last week or so we have been trying out some new training facilities. On Monday we went to the all-weather pitch at Newton Rigg. It was a different surface, which meant we could get the ball down and do some sharp work on it. It's nice change to try somewhere else now and again, and I think we all enjoyed it.

Tonight we take on Swindon Town, who have had some good results this season. The manager situation means that you can never tell what to expect from them but, after having had last weekend off, we will be more than ready to get back in to action and work as hard as we can for a win.

||

NOW WE HAVE ONLY ONE THING TO CONCENTRATE ON, AND WE HAVE GOT TO MAKE SURE THAT WE DO AS WELL AS WE CAN IN THE LEAGUE



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Can we have a lift please ...by Andy Hall

Swindon Town. Sometimes just the very name of a club makes you cringe. Let me explain.

An FA Cup replay way back at the start of January 1984 was one of the first away games I attended without grown-ups in tow. It was supposed to be exciting and glorious and all that kind of malarkey, but it ended up nearly putting me off travelling to football games forever.

It all started at Birmingham New Street when one of the older lads in our group came back with a huge grin on his face. Somehow, he was finding humour in the fact that he'd just discovered that there were no trains to Carlisle at the time we would be heading back that night.

We were still on our way to the game at this point, so it was easy to shove this little nugget of info straight to the back of our minds and get on with the business of finding the right platform, but it was still a disturbing revelation, none-the-less.

Next was the slow train to Swindon. By the time we got to our destination, there were less than ten minutes to kick off. Not a problem, even though we didn't have a clue where we were going - taxi, we thought - except there wasn't one in sight. Arriving at the ground 15 minutes after kick off, we then watched a truly horrible display from what was usually a half decent Division Two (Championship) team under the guidance of Bob Stokoe. I have to admit, the whole idea behind the trip was that we were fairly convinced that we'd be seeing off the Robins with some amount of ease. We got that wrong, and we all traipsed back to the station with a 3-1 defeat to mull over.

Back at Birmingham New Street, and after a quick glance at some rather empty departure boards, it started to dawn that someone had already mentioned that there wouldn't be any trains back to Carlisle. 'Did someone say there wouldn't be any trains back to Carlisle earlier?' I asked.

A guard, heading 'home for some supper lads' confirmed our worst fears, but did mention something known as the 'Milk Train.' Due in to Birmingham at 3-45am, it transpired that it was a Royal Mail train, and that the guard on board would usually allow small groups to travel on it, in the one available carriage ... but only if there was space.

Thankfully, we were allowed to get on, much to my relief as I had only a thin sweatshirt over

my faded McEwans Younger top, and I was absolutely gibbering by the time it rocked up.

I've had two trips to see us play at the County ground since then, and both have ended in less than glorious defeat. We lost 2-1 in 1996, though I seem to remember it could have been worse, and we lost 3-1 in our most recent visit, this time last year, with a less than convincing second half display that the Robins were only too pleased to punish.

So, as you can see, I've not had a good time when it comes to following us against Swindon Town. Never mind, I'm sure that will all change tonight.

I have to hold my hands up and say that I was there, at Wembley, for the Croatia game a couple of Wednesday's ago.

With a seat adjacent to the dug-out, I was able to watch things unfold for Steve McClaren almost first hand and, it has to be said, it was fairly painful.

His decision to hide under an umbrella was met by some severe abuse from those around me, almost from kick off, and it intensified as soon as the Croats took the lead.

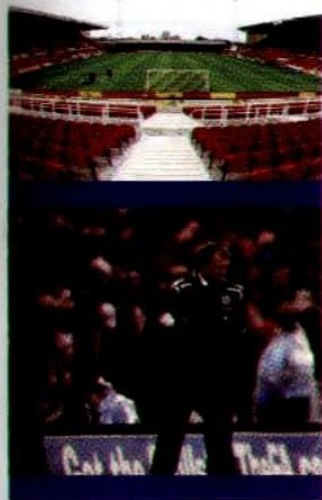
The defining moment of the whole game though, as far as I am concerned, came just after Peter Crouch pulled us level. McClaren strode out to his technical area and started to scream at Jermaine Defoe. Holding five fingers in the air, it became clear to us that he was asking the player to drop deep and make a five-man midfield, leaving Crouch isolated. On top of that, a brief conversation with Beckham saw him move in to a role that can only be described as right back, and the initiative that we had gained was lost.

Just to make it clear, this is only my reading of what actually went on, but those around me were unanimous in their criticism of the tactical switch, and I think it's a fair reflection of what actually happened out on the pitch.

For the record, I was gutted, as was everybody else that I listened to on the way out of Wembley Stadium that night, so it rankles a bit to now hear people claim that the fans wanted the defeat. There may have been hostility, but every single one of us celebrated when we drew level, and there was stunned silence when we went behind to that third goal.

Ah well, there's always the World Cup.

BACK AT BIRMINGHAM NEW STREET, AND AFTER A QUICK GLANCE AT SOME RATHER EMPTY DEPARTURE BOARDS, IT STARTED TO DAWN THAT SOMEONE HAD ALREADY MENTIONED THAT THERE WOULDN'T BE ANY TRAINS BACK TO CARLISLE



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Refwatch



Mr Michael Oliver, from Northumberland, is taking charge of his first game here at Brunton Park having broken on to the Football League circuit, in earnest, this season.

At time of going to press he had been the man in the middle for 11 games so far in this campaign, showing 27 yellow cards and 1 red.

The sending off actually came in his one and only Conference fixture of the season so far, a 3-1 victory for home side Burton Albion against Torquay, when the Gulls' Lee Mansell was given his marching orders with just seconds left on the clock.

United striker Danny Carlton knows all about tonight's referee, having had his

name taken by him during the Play Off Final last May. More importantly, Carlton stepped up to score THAT goal during the game, ensuring that Morecambe took their place in the Football League at the end of a fantastic day.

It should be noted that Michael Oliver made history in August 2005 when he ran the line for the cup tie between Rotherham and Port Vale. His father, Clive, was the Referee that day, and they became the first father / son duo to take charge of a Cup Tie. The pair travelled to the stadium in separate cars, thus ensuring that the game would be able to go ahead, even if one of their vehicles broke down.

A Referee with a growing reputation, we look forward to welcoming Mr Oliver to Brunton Park tonight.

A big welcome to today's mascot



Brendan Darren Gill (7)
from Carlisle

Favourite Carlisle player:

Peter Murphy

Favourite other team:

Manchester United

Favourite other players:

Rooney, Owen

Favourite TV Programme:

Horrid Henry



HAVE A GREAT DAY BRENDAN!!





UNFORTUNATELY I
COULDN'T GET TO
BRIGHTON LAST
WEEK, BUT THOSE
OF US WHO
WERE THERE LAST
SEASON WILL
NEVER FORGET
THE EXPERIENCE



with Andy Dixon

Brighton is pants!

So as the saying goes, we are free to concentrate on the League. The euphoria of the magnificent victory against Leeds is now long in the distant past.

In the aftermath of that victory both ourselves and Leeds went on to be the victims of two cup shocks. Leeds losing 2-1 at home to Bury, as we surrendered to Stockport here at Brunton Park 3-0. Then a week later in FA cup replays Leeds were shocked 1-0 at home by Hereford, at the same time as we put up little resistance at the mighty Grimsby Town and went out by the same score.

Although the Leeds game was an epic encounter, was it really so draining on both sides that those shock results ensued? Did we really build ourselves up to the Leeds game so much that everything else is an anti climax? Did we really burst the Leeds bubble, and show the way for other teams to beat them?

I for one was particularly disappointed with our weak performance against Stockport in a competition in which Carlisle have such a proud record. Definitely a competition which Carlisle could have won this year, especially given that all the Northern Semi Finalists are from League 2. An opportunity missed to play under the new Wembley's vast arch and another big day out for us fans.

Still, most teams have a bad run at some point during the season. Hopefully ours is now out of the way.

After the enforced postponement of the Nottingham Forest fixture due to circumstances beyond our control, and the subsequent loss of the Sky TV money and gate receipts, we now at last welcome league football back to Brunton Park after a month of absence.

With the Forest postponement and the absence of a round 2 FA Cup fixture, the lads have had 2 longer than usual gaps in which to regroup and hopefully come out fresh and reinvigorated as well as determined to show the form which shot us to the very summit of league 1.

Unfortunately I couldn't get to Brighton last week, but those of us who were there last season will never forget the experience. It was one of those 'we were there' type of

games, that will be passed down the generations. Not for the football itself, although the 2-1 victory was most welcome. No this was the day when the heavens really did open and the end of the world really was nigh!

There is no cover at the Witheaden for away supporters. The terrace is 50 or so yards away from the nearest goal. It rained. Not gentle rain, this was horizontal in your face for 90 minutes freezing cold rain complete with gale force wind and gloom.

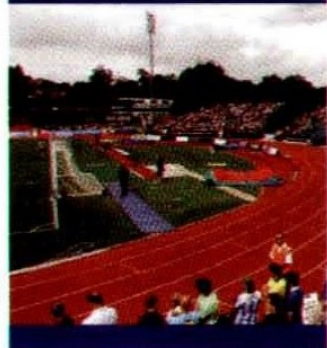
All 3 goals were scored at the far end in some distant post code. The stewards had the cheek to start charging a whole pound for some useless waterproof capes. By the time they got round to taking pity on us and giving them away, they were even more useless, as the rain had already reached places where the sun don't shine.

When Carlisle equalised it was impossible to see who had scored. Ian Davidson from the London branch sent a text to a friend who came back with the answer that Zigor Aranalde equalised. Now this was fine, was this guy listening to a radio? Was he watching TV? No - he was at Ibrox watching Rangers v St.Mirren!! Yes conditions were so bad that someone in Glasgow knew who had scored before we did!!

Into the last 20 minutes, and the birds began circling our heads in an uncanny resemblance to Hitchcock, and Carlisle were awarded a penalty which TV replays subsequently showed was the most clear penalty ever in the history of football. Neale McD put it away, and the 3 points were ours.

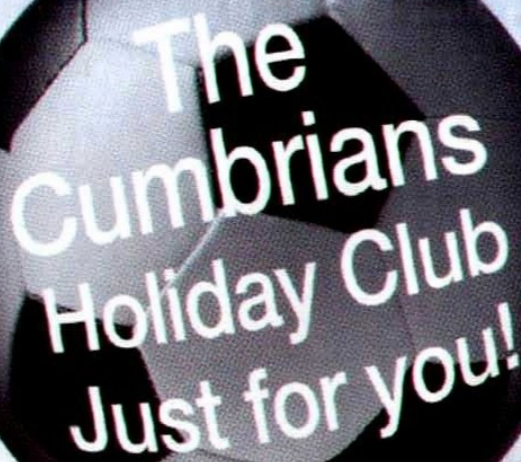
Now I don't know how, or what time people got home that night, but I can confess that I drove home minus my jeans which were soaking. Thankfully I wasn't stopped by police on the way - I can just imagine the conversation now - so sir you have been to Brighton and you decided to drive home without any trousers. - doesn't sound good does it?

Today it's Swindon Town here at Brunton Park - They dumped us out of the cup last season when they were in league 2. (What is it with League 2 sides against Carlisle in the cup?). And whilst I welcome them and their supporters, what are you doing here on a Tuesday night? Don't get me started on the fixture scheduling computer!!



150 starts for Lummy (v Grimsby away)





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Awaydays



Northampton Town v United Sixfields Stadium

Saturday 8 December,
kick off 3pm

It's a 484 mile round trip between Brunton
Park and the Sixfields Stadium.

Sixfields Stadium was built in the early 90's,
with the first match played against Barnet
on 15 October 1994. Facilities for away fans
are good, with seated accommodation
behind the goal in the South Stand. To gain
entrance to the Stadium you must buy a
ticket from the portacabin outside the South
Stand before you go to the turnstiles.

Tickets will be on sale (if not sold out) at the
Main Ticket Office from 10am - 5pm
tomorrow and Thursday and from 10am until
noon on Friday.

Prices are: Adults - £19, 60+ and students
with valid ID - £15, U16s - £12, U7s - free,
Adult disabled - £13, Junior disabled - £10
with carer free.

Travel

By Bus: The Official Blues Travel departs from
Wigton at 7.30am, picking up at Brunton
Park at 8am, Penrith Station at 8.20am and
Crooklands at 9am. Prices are £17.50 for
adults and £15.50 for concessions.

By Car: From Carlisle travel South on the M6,
then the M1.

Leave the M1 at junction 16 (signposted
Northampton West), then at roundabout
take the 1st exit onto the A4500 (signposted
Northampton West).

At roundabout take the 2nd exit onto the
A4500 (signposted Northampton) and
continue forward on to Weedon Road,
entering Northampton on the A4500.

At roundabout take the 3rd exit onto the
A5076 (signposted Ring Road, M1 South) on
to the Northampton Ring Road.

At next roundabout take the 1st exit
(signposted Sixfields Leisure) and at next
roundabout take the 2nd exit to arrive at
Sixfields Stadium.

Car Parking: There is parking right round the
complex, but check carefully as some areas
are short stay or for patrons only, and
clamping is commonplace.

Food and Drink: The stadium is situated in
an out of town complex which has a
number of bars and fast food outlets.
Chevys and the Sixfields Tavern only
welcome home supporters and will not
allow visiting supporters wearing colours. The
Old Orleans is an American themed pub
and food outlet, again it may not allow fans
wearing away colours, but the food is to be
recommended. The Sports Bar in the
complex offers the usual fare.

Next Up at Brunton Park United v Leyton Orient

Saturday 15 December 2007



It's another tough game in prospect
when the O's travel up to Brunton Park
on Saturday.

Orient have been challenging for the top
from the start of the season and are
mounting a real challenge for promotion.

Leading scorer for the O's is Adam Boyd,
who Cumbrians will remember from his
days at Hartlepool. Up front, Wayne Gray
is a threat, whilst tricky right winger JJ
Melligan will no doubt want to shine in
front of his former manager.

In a month of tough matches, this one has
to be one of the toughest - get yourselves
down to Brunton Park and cheer the
lads on!



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COACH TRAVEL



Inside LeagueOne

with Mark Mandale

With the closure of the loan transfer window, managers must now prepare for the busy festive period. Their squads will have to work hard in the coming weeks as games come thick and fast. For most a good run over Christmas could push their team on towards glory, while for others it will be a long hard slog as they struggle to pull away from the relegation places.



Bournemouth boss Kevin Bond was concerned after keepers Gareth Stewart and Neil Moss both picked up injuries. Bond revealed after his side's 3-0 home defeat by Oldham,

"Gareth dislocated his finger in the warm-up, and he was nearly unable to play, he had to have two injections, and in fairness he did well to perform without anyone knowing he'd done it. Neil injured his knee ligaments in training on Friday, and he could be out for a month now." Moss had only just returned to training after he suffered a facial injury against Milton Keynes Dons, and required eight stitches. Also joining the Cherries' long injury list against Oldham was striker Sam Vokes, who was stretchered off with a suspected broken rib.

Bournemouth have signed Queens Park Rangers defender Dominic Shimmin on loan. The 20-year-old completed his loan move - which will run until 1st January - before last Thursday's Football League deadline for loan signings. The former Arsenal trainee has made four league and cup appearances for QPR, but he has not featured for their first team this season.

Cheltenham Town have signed Blackpool winger Michael D'Agostino on loan. The 20-year-old Canadian Under-20 international moves to Whaddon Road following a busy week of loan deals. The Robins previously recruited Crawley striker Guy Madjo, while allowing defender Lee Ridley to join Darlington. "Michael is a player with good pace who likes to take people on, Blackpool have let him join us to get some regular football and they believe he will do a good job in League One," boss Keith Downing told Cheltenham's website.

Crewe Alexandra have signed



Manchester United youngster David Gray on loan. The Scottish born defender has been brought in as cover for the injured George Abbey. Gray, 19, is a regular member of Brian McClair's reserve side and his only first-team appearance came against Crewe in last season's Carling Cup. Gray, played right-back that night before being substituted. Meanwhile, Wolves manager Mick McCarthy has agreed to allow midfielder Elliott Bennett to extend his loan spell at Crewe until the new year. Bennett signed for the Railwaymen on a one-month loan in October but will now stay on at Gresty Road until 3rd January. His last match would have been the trip to Nottingham Forest. The 18-year-old, who has made two appearances for Wolves first-team, scored the winning goal for Crewe against Port Vale on 6th November.



Gillingham have signed Stevenage midfielder Adam Miller and defender John Nutter on loan until January. The duo will move to Priestfield for a combined fee of £65,000 during the January transfer window. Former Stevenage boss Mark Stimson originally had bids rejected by his old club for the pair, both 25, and midfielder Stuart Lewis, 20. "I have worked hard in non-league and to finally get my chance is fantastic," Nutter told the club's website. Miller added, "I have nothing to prove because I am confident in my own ability. What I am focusing on is putting on the Gillingham shirt."

Gillingham have also completed the signing of Reading defender Adam Bygrave on an initial month's loan, the 18-year-old is a regular in the Royals reserves side. Boss Mark Stimson told his club's website, "Adam is a player I rate highly and I've watched him a number of times for Reading's reserves. He has all the qualities needed and I think he will do a good job for us." Meanwhile, Grays Athletic midfielder Stuart Thurgood has also joined the club on a month's loan with a view to a permanent move. Grays boss Justin Edinburgh said, "How can I stand in the way of a player who has been so good for the club and captained the club

THE 28-YEAR-OLD
CAME THROUGH
THE RANKS
FOR THESADDLERS
AND MADE 90
FIRST-TEAM
APPEARANCES,
SCORING
15 GOALS



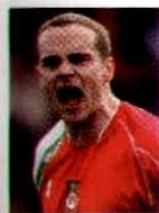
to great success?" Stimson, also recently signed Dennis Oll from the Blue Square Premier side.

Bryan Hodge and Marcus Bignot have extended their loan spells at Millwall until the New Year. Blackburn Rovers midfielder Hodge will stay at the Den until 5th January, while Queens Park Rangers full-back Bignot will be with the League One club until 9th February. Hodge, who has yet to make his debut for Blackburn, has made five appearances during his time with Millwall. Bignot was brought in to add experience to the Lions' back-line and has featured three times for the club. The news comes as a boost to manager Kenny Jackett, who still has 13 players on the treatment table and has now lost midfielder Jamie O'Hara, whose three-month loan spell from Tottenham came to an end after the teams win over Yeovil.



Meanwhile, former Swansea striker Adebayo Akinfenwa has joined the club on a month-to-month contract. Akinfenwa, 25, has not played a first-team game for nine months since breaking his leg in February. After he rejected a new deal at Swansea in June, a move to Swindon fell through over medical concerns, while he has recently been training with Yeovil. Boss Kenny Jackett, who managed him at Swansea, told Millwall's website, "He's fully recovered from injury, I know what he's about. He's fit and raring to go, and I'm certain he'll prove himself worthy of a longer deal." Akinfenwa has previously played for Barry Town, Boston United, Leyton Orient, Doncaster and Torquay, scoring 32 goals in 109 league appearances.

Northampton Town have signed Ipswich's former England Under-19 forward Dean Bowditch, 21, on a month's loan. Bowditch has previously had loan spells with Burnley, Brighton and Wycombe, scoring 12 senior goals so far. Cobblers boss Stuart Gray said, "We are very grateful to Ipswich for letting him come out on loan to us. Dean is a forward that looks to get in behind defences with his pace and he will give us that little bit of extra quality in the final third."



Meanwhile, Cobblers winger Sam Aiston has signed for Wrexham on a one-month loan deal. Aiston, who began his career at Newcastle, has fallen down the pecking order under Stuart Gray this season. He has not started a game for The Cobblers and has already been sent out for a loan spell at Burton. The 30-year-old is now heading

out to Wrexham to help Brian Little's struggling side as they look to climb the League Two table.

Tranmere Rovers have signed young Blackburn left back Andrew Taylor on loan for a month. Taylor is a product of Blackburn's youth academy and has played for England

at Under-19 and Under-20 level. The 21-year-old has spent time on loan at QPR, Crewe, Blackpool and Huddersfield playing 20 games in total. Tranmere boss Ronnie Moore said, "This is a great signing for the club. Andy is a talented attacking left back who we've been monitoring for some time." Tranmere have also signed Bristol City winger Jennison Myrie-Williams on a month's loan. He had a three month loan stint at Cheltenham earlier this season and scored once in 13 games for the Robins. Ronnie Moore told his club's website, "He is left footed and will bring balance to our side."



Yeovil Town have completed the signing of Aston Villa forward Zoltan Stieber. The 19-year-old has agreed a deal which will see him move to Huish Park on loan until 1st January as Villa manager Martin O'Neill bids to increase Stieber's first-team experience. Stieber has been with Villa since May 2005 and has been a regular in the youth and reserve-team set-ups. However, he has yet to break into O'Neill's first team and he will be keen for opportunities in League One with Yeovil. The Hungarian can play either on the left wing or in attack and netted twice for Villa's reserves last season in 13 appearances.

Meanwhile, Glovers manager Russell Slade has agreed to allow striker Darryl Knights to extend his loan stay at Cambridge United for a second month. The deal for the 19-year-old which runs until 15th December is subject to a 24-hour recall clause. He has impressed in the six games he has appeared in during his first month with the U's and also scored twice in the FA Cup replay against Stafford. Kinights has been at Yeovil since July 2007 when he left Ipswich.



England's 1966 World Cup winning Squad

The non-playing members of England's 1966 World Cup-winning team will receive retrospective medals for the achievement, FIFA has ruled. Every finalist between 1930 and 1974 will be rewarded, with a medal going to the families of those who have died. The other England players set to receive medals are:-

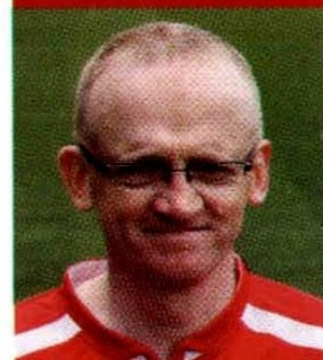
Name	Club
Jimmy Greaves	Tottenham
Jimmy Armfield	Blackpool
Peter Bonetti	Chelsea
John Connolly	Manchester United
Ron Springett	Sheffield Wednesday
Gerry Byrne	Liverpool
Ron Flowers	Wolves
Norman Hunter	Leeds
Terry Paine	Southampton
Ian Callaghan	Liverpool
George Eastham	Arsenal



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INJURY TIME

CLUB PHYSIO DOLLY WILL BE KEEPING US UP TO DATE WITH ALL OF THE GOINGS ON IN THE TREATMENT ROOM THIS SEASON:

Danny Livesey needed four stitches after the Brighton game, but they will be out by the time you read this. They were put in by the Brighton doctor, and he made an excellent job of it. Danny also had a small operation on his nose last week, but it shouldn't have caused him too much in the way of discomfort. He actually broke his nose in the Stockport game, so it needed to be repaired and straightened back up again, just to ease his breathing off a bit.

Paul Thirlwell has recovered well and will,

we hope, have come through the Blackpool Reserve game with no problems at all.

The same applies to Adam Bradley. He's had an excellent response and has joined in with full training sessions. We should see him take part with no problems at all from now on.

Enjoy the game today and keep well,

Dolly

THAT LOOKS NASTY!

IN EACH MATCH MAGAZINE THIS SEASON DOLLY WILL BE LOOKING AT A PARTICULAR INJURY OR TROUBLE SPOT, AND GIVING US THE LOW DOWN ON WHAT IT IS, HOW HE TREATS IT AND WHETHER SURGERY CAN BE EXPECTED. THE TOPIC THIS WEEK IS...

MORTON'S NEUROMA

A Morton's neuroma, or interdigital neuroma, is a painful condition which involves a nerve on the plantar aspect (bottom) of the foot. Occasionally a neuroma develops following a bruising injury to the sole of the foot, such as might be caused by jumping onto a rock or other objects, but in general, the origin of the condition is unknown.

The nerves located on the bottom of the foot between the metatarsal heads (the bone of the toe closest to the foot) supply feeling, or sensation, to the toes. One of these nerves may become irritated by the ligament located above it, causing it to become thickened and painful. Generally this problem occurs most often between the third and fourth toes, but it can occur between the second and third toes as well. It is uncommon for a neuroma to be located between the first and second or fourth and fifth metatarsals. Rarely is there more than one neuroma in a foot.

SYMPTOMS:

The symptoms of a Morton's neuroma are classic in nature. The patient complains of

a burning, tingling, slightly numb feeling (dysesthesias) which radiates out to the toes on either side of the interspace that is involved.

For instance, a Morton's neuroma of the third interspace will result in pain between the third and fourth toes, and a neuroma in the second interspace will cause pain between the second and third toes. The symptoms are usually aggravated by wearing shoes, particularly those with high heels. Symptoms are relieved by walking in flat, wide shoes or going barefoot. Rarely will the patient experience pain when sitting or laying down.

DIAGNOSIS:

The physician will make the diagnosis of Morton's neuroma based upon the patient's symptoms as described above in an interview, or history, and a physical examination.

The physical examination will reveal exceptional tenderness in the involved interspace when the nerve area is pressed on the bottom of the foot. As the interspace is palpated, and pressure is applied from the top to the bottom of the foot, a click can sometimes be felt which

reproduces the patient's pain. This is known as a Mulder's sign.

Because of inconsistent results, imaging studies such as MRI or ultrasound scanning are not useful diagnostic tools for Morton's neuroma. Thus the physician must rely exclusively on the patient's history and physical examination in order to make a diagnosis.

TREATMENT:

Non-Operative Treatment:

Most patients symptoms subside when they change footwear to a wide soft shoe with a metatarsal support inside to relieve the pressure on the involved area. If this treatment fails, a cortisone injection into the nerve is occasionally helpful.

Operative Treatment:

When conservative measures are unsuccessful, surgery can be a good choice in the treatment of Morton's neuroma.

The operation for Morton's neuroma does not require an overnight hospital stay. The anesthetic used is an ankle block, which completely numbs the foot during the surgery.

- The physician removes the neuroma from an incision made on the top of the foot between the involved metatarsal heads.
- The nerve to the interspace is exposed and cut next to the metatarsal heads.

What types of complications may occur?

The main complication resulting from a neuroma excision (removal) is a recurrence of the neuroma. The nerve itself doesn't return, but whenever a portion of a nerve is removed, the stump will form a little bulb known as a traumatic or stump neuroma.

If this traumatic neuroma is located beneath a metatarsal head or becomes quite large, it may become painful several years after the initial surgery. Most studies have shown that although 80% of patients do well after the removal of a neuroma, 20% will have some degree of nerve pain following the surgery.

Occasionally after surgery, the patient will have an area of numbness on the bottom of the foot which is described as feeling like a wrinkle in the sock. This discomfort usually disappears in time.

RECOVERY:

The patient's foot remains in a surgical dressing for three weeks to allow the tissues to heal.

During this time the patient walks in a stiff post-operative shoe.

It usually takes about two months for the patient to comfortably resume usual activities.

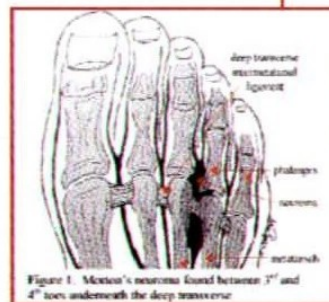
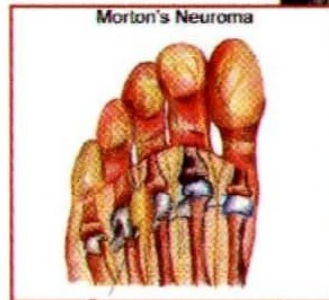
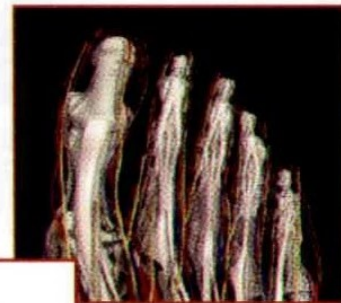
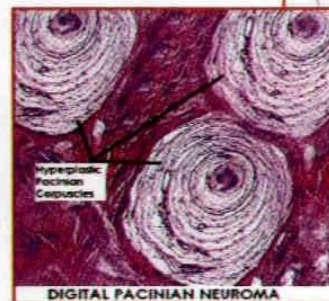
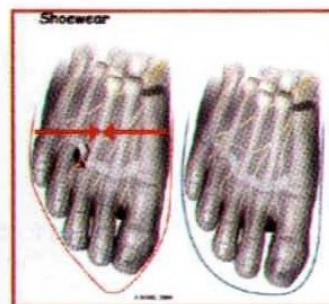


Figure 1. Morton's neuroma found between 3rd and 4th toes underneath the deep transverse



DIGITAL PACINIAN NEUROMA



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24	CHRIS ALLEN
27	BEN TOZER
31	SIMON COX
36	MARK SCOTT

PLAYING TODAY

Tuesday 4 December 2007

Crewe v Gillingham
Doncaster v Brighton
Hartlepool v Tranmere
Leeds v Port Vale
Leyton Orient v Millwall
Oxford v Luton
Swansea v Northampton
Walsall v Nottm Forest
Yeovil v Bournemouth

MATCH OFFICIAL DETAILS

Referee - Mr M Oliver
Assistant Referee - Mr R Lawson
Assistant Referee - Mr P Tierney
Fourth Official - Mr G Beswick

NEXT HOME LEAGUE GAME

Leyton Orient, Saturday 15 November, 3pm

NEXT AWAY LEAGUE GAME

Northampton Town, Saturday 8 December, 3pm

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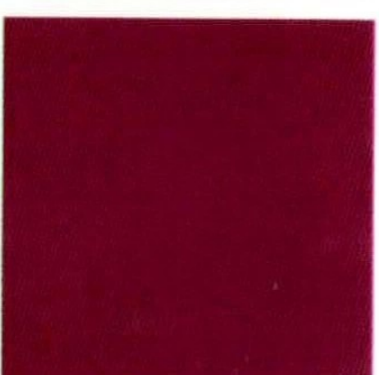
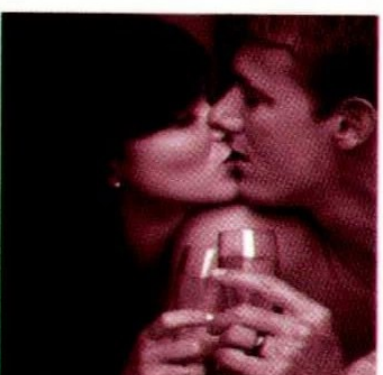
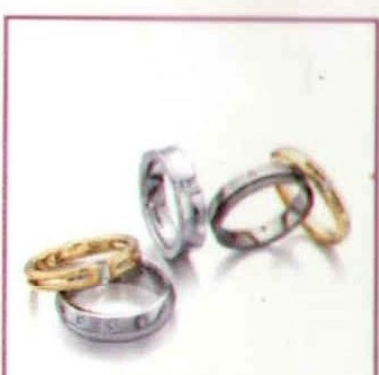
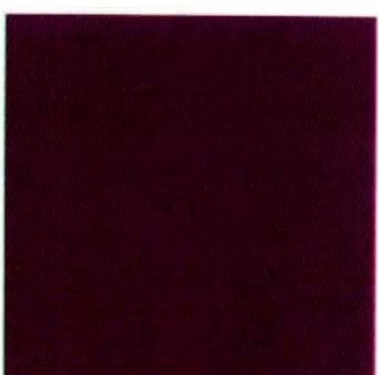
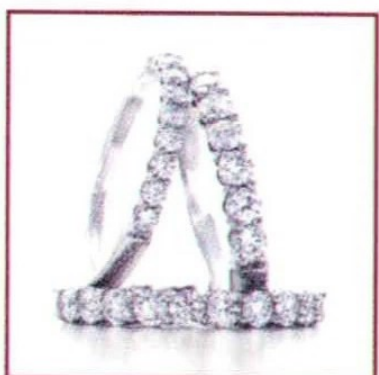
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